

# Analysis of the Practical Problems and Suggestions for Promoting the Implementation of the Double Reduction Policy

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**Abstract.** In the continuous development and changes of society, education has become increasingly important. Education is not only a way to transmit knowledge, but also a way to cultivate students' abilities. Compulsory education is the top priority of national education, and the "Two-way choice and burden reduction" policy is one of the most important policies in the educational domain in China. Once this policy is released, education departments in various regions will carry out education burden reduction work based on local actual conditions. However, there are still many problems in the implementation and promotion process. At the same time, its emergence has promoted the entire education industry to be more standardized and in line with national macroeconomic regulation, which is more conducive to create a higher quality and good educational structure system, firmly treating schools as the main venue for educating students, people need to transform and change off campus training organizations even more. The research in this article analyzes the problems and difficulties faced by the "Two-way choice and burden reduction" policy in promoting the development of schools, families, and training institutions through literature review, and proposes its own solutions to these problems and difficulties.

**Keywords:** The 'double reduction' policy, policy issues, policy promotion.

## 1. Introduction

In China, the field of educational reform has always been a key topic in educational research. The CPC has insisted on building a high-quality education system, strengthened the supervision and governance of after-school training institutions, put an end to acts that are detrimental to the people, effectively alleviated the anxiety of students and parents facing today's educational difficulties, and worked hard to build a good educational ecological environment. The most important issue in compulsory education is that on the one hand, students still have a lot of pressure on homework, and the management of homework is not well coordinated; On the other hand, there are still many hot topics in off campus training, and the problems of too fast and too much education in training have not been fundamentally solved. Some off campus training institutions have excessively high project fees, and more capital participation will also generate more risks. Training institutions often engage in behaviors that violate laws and regulations, such as customers seeking refunds but facing great difficulties, and members of institutions receiving money but not providing services. These problems have put more homework burden on students, and also brought more economic and spiritual pressure to parents. The effectiveness of education reform has significantly decreased, and a strong social response [1]. So the education department has introduced a "Two-way choice and burden reduction" policy, hoping to better reduce the stress on students and parents. Subsequently, practical explorations were conducted in various regions to implement the "Two-way choice and burden reduction" policy. With the promotion of the "Two-way choice and burden reduction" policy, certain results have been achieved in various regions. There are practical problems with the current situation of the "double reduction" policy, and the implementation difficulties faced by schools, deviation in policy promotion, and unclear implementation direction need to be addressed. This article uses literature analysis and progressive theoretical models, combined with some typical cases of promoting the "Two-way choice and burden reduction" policy, to propose corresponding solutions and suggestions for policy implementation issues, providing new development directions for the subsequent promotion and

implementation of the "Two-way choice and burden reduction" policy, and providing better ideas for policy adjustment and implementation.

## **2. The Double Reduction Policy' Impact**

### **2.1. Impact on Schools**

Once the "double reduction" policy is introduced, provincial governments ensure that funding is in place through financial subsidies, service fees, or agency fees. The school actively strives for funding according to relevant provincial government standards, optimizes teaching venues and equipment, effectively improves teaching quality, and is more conducive to the development of student education work [2]. The effect of the "Two-way choice and burden reduction" policy has been preliminarily manifested on the basis of the large amount of manpower, material resources, and manpower spent by schools, and the overall quality education of schools has been better strengthened and improved. At the same time, it is not just financial support, but the "double reduction" policy also requires education departments in various regions to establish a scientific outlook on political performance, standardize the enrollment system of public high schools in various regions, and give universities in various regions the confidence to regain their leading position [2]. In an effort to implement the idea of the "Two-way choice and burden reduction" policy, schools in all kinds of regions have reduced the pressure on students' homework, improved their learning efficiency, and cultivated excellent learning habits. Teachers can teach according to their aptitude and scientifically assign different assignments based on the actual situation of different students, so that each student can better grasp the pace of learning. The improvement of homework effectively improves the overall teaching quality of the school. Such efficient and high-quality homework design not only reduces the amount of homework, but also improves students' learning efficiency.

### **2.2. Impact on Families**

In the context of implementing the "Two-way choice and burden reduction" policy, parents need to be able to understand the correctness of this policy. The purpose of the "Two-way choice and burden reduction" policy is to return to the essence of education. Make the effect of family education more apparent, parents need to improve their educational abilities, better play their educational role in their children, and achieve a balance between home and school to better educate their children. The pressure on families has also been greatly reduced due to the "Two-way choice and burden reduction" policy, which has greatly reduced the pressure on parents economically. Currently, the price restrictions on extracurricular institutions can provide parents with good pressure relief [3]. In terms of time, it also provides parents with more rest time and a better emotional parent-child experience, allowing them to have more time to accompany their children while avoiding conflicts with their children's homework issues. Faced with the huge economic burden caused by the education of children in ordinary families, the dilemma of unwilling to have a second or third child due to economic burden, and the continuous internal competition in the education sector, the successful launch of the dual reduction policy has alleviated the anxiety of parents in ordinary families about their children's education issues [4].

### **2.3. Impact on Training Institutions**

For a long time, the existence of training institutions has put students under heavy pressure to learn and make up for missed classes, and their spare time has been occupied by missed classes, lacking the time and energy to develop their interests and hobbies. They have even developed a rebellious mentality towards making up for missed classes reduction policy has alleviated the anxiety of parents in ordinary families about their children's study issues [5]. The introduction of the "Two-way choice and burden reduction" policy insists on strict approval of training organization, there are no new subject based off campus training organizations allowed to offer compulsory education to students in various regions. Existing disciplinary training organizations will be registered together as nonprofit

oriented institutions. In this context, Changing the nature of off campus training institutions has become a necessary choice for them, The introduction of the "Two-way choice and burden reduction" policy has further reduced unreasonable competition and improved the teaching quality and level of training organizations.

### **3. Issues in the Promotion of the "Two-way Choice and Burden Reduction" Policy**

In schools, the implementation and implementation of the "Two-way choice and burden reduction" policy will also encounter many difficulties, improving the current education resource system, providing sufficient resource guarantees, and improving students' learning services after the lesson is a problem that schools need to face [6]. In remote areas where resources are scarce, teacher resources are scarce, and hardware equipment is also very outdated, which cannot meet the learning needs of students. In areas where educational resources are unequal, it is particularly important to establish better educational goals. Simultaneously, the put into effect of the "Two-way choice and burden reduction" policy is also contradictory to the goal of increasing the enrollment rate. While reducing homework and exams, the enrollment rate of schools will be affected to some extent. Some students may not adapt to the learning methods under the "double reduction" policy temporarily, and their learning cannot keep up with the progress, resulting in a decrease in their academic performance, which will lower the enrollment rate of schools [5]. Correspondingly, the ultimate goal of the school is to increase the enrollment rate to obtain more social resources, and to increase one's own income to maintain the school's balance of income and expenditure [6]. So there is a certain contradiction between the "double reduction" policy and increasing the enrollment rate. Under this policy, there are also problems with inadequate, imperfect, outdated concepts, and selective implementation in schools, there will be many difficult to solve problems in the implementation of this policy.

The introduction of the "Two-way choice and burden reduction" policy in families has also caused parents a lot of anxiety, believing that a decrease in homework for their children will lead to a decrease in grades. At the same time, the significant reduction in extracurricular training classes will also make parents worry that their children will not be able to attend good high school and university. So the anxiety of these parents can lead to some parents not understanding the "double reduction" policy correctly, and even starting to resist the "Two-way choice and burden reduction" policy [7]. Under the "Two-way choice and burden reduction" policy, family education is becoming increasingly important, which requires parents to have a certain level of family education ability as well as their own quality and literacy. Meanwhile, although subject based extracurricular tutoring classes have been effectively improved, some parents' thinking of outsourcing their children's extracurricular time to training institutions has not fundamentally changed. Non subject based training institutions have also emerged, becoming another burden for parents. Under the "Two-way choice and burden reduction" policy, there are also many problems with training institutions. Due to the large number of educational institutions, there is a lack of comprehensive government supervision, which only checks some training institutions on the whitelist, while some training institutions without documents often flee. There is also a certain formalism in government regulation, where reports do not match the actual situation, relevant personnel do not conduct strict inspections, and policy implementation is superficial and not truly implemented [3]. The government's regulation also lacks linkage, and multiple departments fail to actively collaborate and manage together. When encountering problems, they will also kick the ball at each other and do not want to solve them, which will reduce management efficiency. At the same time as management, the standardization of policies implemented by regulatory entities needs to be improved. Without specific implementation rules, there may be deviations in the implementation of some administrative regulations. The "Two-way choice and burden reduction" policy has led to disciplinary training institutions becoming non-profit in nature, resulting in a gradual increase in non-disciplinary training institutions and even higher costs [3].

Under this policy, the transformation of various training institutions is facing a lack of driving force, which may lead to a certain degree of exclusion under supervision.

#### **4. Suggestions for Promoting the "Two-way Choice and Burden Reduction" Policy**

In schools, schools need to attach importance to the work conditions and quality of teachers, and innovate teaching models. Because the "Two-way choice and burden reduction" policy has high requirements for teachers' professional literacy and educational level, the pressure on teachers will gradually increase. Therefore, the salary and benefits of teachers will to some extent affect their educational quality. Improving the teacher incentive and guarantee system, improving the welfare system, and enhancing better career development opportunities will more effectively enhance the teaching ability and professional level of teachers [8]. With the improvement of teacher quality, schools can innovate more after-school service models, learn from foreign development models, optimize after-school service models, and allow children to have better development and rest in school [9]. After class services can be more integrated with society, allowing students to better understand society, increase social experience, and better improve their adaptability and comprehensive quality. At the same time, with the rapid expansion of the Internet, schools are fully utilizing the Internet to promote the quality of after-school services and student satisfaction, and better promote the embodiment and significance of the "Two-way choice and burden reduction" policy in after-school services. Integrating different promotion methods and promoting load reduction policies in a coordinated manner to ensure learning efficiency within the school. In implementing the "Two-way choice and burden reduction" policy, the focus is on changing teachers' thinking patterns, stimulating students' learning potential, and thereby improving students' learning abilities. In families, parents need to learn more about the "Two-way choice and burden reduction" policy, keep their thoughts up with the tendency of the day, and positive teamwork with the government and schools. The reason why parents are anxious is because the two senses of the middle school and college entrance exams determine their children's fate at a fixed time. Therefore, parents hope to improve their children's grades more before these exams, strive for more and better learning resources, and let their children have a better future [10]. To better promote the "double reduction" policy and gain more recognition from parents, it is necessary to communicate between home and school, and strengthen home school collaborative education. Family is the starting point of students' quality and the place where students develop good living habits and skills. Therefore, parents should actively change their educational concepts, pay attention to students' quality education, and cultivate good and healthy living habits. Family school communication and cooperation require active interaction between the campus and parents, and parents need to better cooperate with the school's work [7]. So parents can better alleviate these anxieties and better understand the "double reduction" policy, which helping to promote and implement policies.

For off campus training organizations, the government needs to improve the disciplinary exit mechanism and assist in the correct transformation of training institutions. Training institution teachers have always been a popular profession in recent years. The education department needs to do more and more comprehensive planning and formulate corresponding strategies to achieve re employment for the staff of those training institutions. At the same time, education and training institutions are also hot job opportunities for college students, so it is also necessary for the government to promote the "double reduction" policy while paying more attention to the situation of employment positions, helping to relax the employment restrictions on college students when recruiting new teachers, and better help solve employment difficulties. The issuance of the "Two-way choice and burden reduction" policy has led to many training institutions transforming their forms and closing down. While rapidly collapsing, a lot of issues of contract performance and refund still need to be resolved. Nowadays, many institutions still face serious problems, which can cause property losses for parents and have adverse effects. So the government needs to intervene more and

minimize the negative impact of the exit of training institutions, dispatch relevant departments to follow up in real time, and better and more effectively solve a series of problems [11].

## 5. Conclusion

The implementation of the "Two-way choice and burden reduction" policy has effectively met people's needs for their children's education level, resulting in significant improvements in the learning environment and educational ecology of school students. This study aims to better identify and address the shortcomings in this major education reform process by studying the implementation and promotion of the "Two-way choice and burden reduction" policy, which is beneficial for promoting a better understanding of the "Two-way choice and burden reduction" policy among schools, families, and training institutions. Local governments should better play their leading role in further promoting "double reduction", provide more communication platforms, and achieve a better balance between schools, families, and training institutions, truly achieving the scientific and long term sustainable development of education. Meanwhile, this study did not conduct a survey without first-hand data. In the future, field investigations will be conducted on the issues and suggestions in promoting and implementing the dual reduction policy.

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