

Importance of the Trust, Civilization, and Cooperation on People's Life

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Abstract. With the development of society, communication is crucial in people's work, study, and life. The communication process involves trust, cooperation, and differences between civilizations. How to improve the level of communication to promote people's happiness is a problem that many researchers focus on. This article mainly discusses how to build everyone's trust. How to explain the communication logic behind it from the perspective of social civilization. How to use collaboration at work and the importance of collaboration. This article finds that people can build trust through learning to keep secrets, keeping promises, learning to forgive and move on, learning to identify who is trustworthy, etc. With the source of cooperation that trust gave, it built civilizations that went on for a long time, and that continue to do so. Life could be in danger if they were to come face to face but by exchanging products fairly, they were able to establish a relationship and better understanding with one another. Some of the ideas in this article can help people find their satisfaction better.

Keywords: Trust, Civilization, Cooperation, Society.

1. Introduction

When people look around society today, one could wonder how everything came about. From society as a whole, what caused the creation of the things that surround us? The community that one is in is way more advanced, especially with the advancement of technology [1-2]. Shown throughout history, the subject of Ancient Cooperation was a very important topic that was displayed throughout a variety of communities. With several techniques and methods of cooperation, civilians were able to work together and network, creating urban settlements throughout the world. What will be displayed in this article and talked about in detail is what those techniques and methods were and why they were successful [3-4].

Throughout ancient times, dependence on others was a very important factor in the way of life [5-6]. The chance of survival on your own was extremely difficult when it came to hunting to keep a steady food source, building up resources and housing, and even your safety could be at risk since trust in others was low. That brings us to the topic of how people can earn one's trust. The meaning of trust is having someone who people can rely on that can always tell people the truth and be that person that can strengthen people as a whole. This article analyzes communication's effect on people's life.

The remainder of the article would be organized as follows. In Section 2, the author would introduce the ways to improve the ancient people's trust. Section 3 shows the effect of civilization. Section 4 presents the importance of cooperation. Finally, the conclusion is shown in the last Section.

2. Ways to improve the ancient people's trust

During ancient times, the lack of communication made trusting others hesitant but when people started to realize the importance of having others to rely on, it made life simpler. One effective method, between people that did not know each other enough to fully trust them, was from the early days in Africa to the Celts and Scandinavians of our European ancestors [7]. They would place a measure of one product, for example, it could've been gold or silver, on a clean mat or surface, in a remote location [8]. And then they would leave with no guards or even no one nearby. Complete privacy is part of the negotiation that is understood by both parties. The other party would arrive and inspect the

goods. They would replace them with what they felt to be the equivalent in their supply of goods - perhaps exchanging the silver or gold for their bolts of linens, or purple dye color in jars. After inspecting their response, people would withdraw from it. If people felt that people were treated fairly, people would repeat this offer on the next full moon. If people felt cheated, people would never return but if not, people could continue and create that bond of trust. It was that simple, and it worked for thousands of years and across many continents. Another early form of cooperation to build trust included the exchange of gifts between groups and tribes. Through gifts, they developed relationships with their neighbors and other tribes. Gifts were not only transactional; their exchange developed trust and established contacts that could be useful in times of conflict. Gifts remain important in society even to this day.

Trust is crucial to society [9-10]. Whether it is a good marriage relationship or a harmonious relationship with a client, all good relationships are based on trust. Trust affects how we see the world, how we feel safe, and how we behave. Trust affects whether we are willing to give more to friends, relatives, colleagues, and even partners we have never met. When the trust level is high, you will be relaxed and feel recognized and you can be your authentic self; when the trust level is low, you will feel uncomfortable, even defensive, and cannot be your true self. Friends who trust each other can be their truest selves in front of each other and share their innermost thoughts and concerns. Colleagues who trust each other enjoy time working together and tend to be more productive. Here are some ways to improve trust.

(1). Learn to keep secret

If people are trusted listeners, it's easier for people to build strong relationships with others. If someone confided in people a secret or shared his private information with you, don't share it with anyone else. If people's friends or relatives share with people some personal matters in the marriage, or if people's co-workers share with people private views on work issues, please do not share these private conversations with others. Respect people's children, trust people, and don't discuss their child's relationships or secrets with friends.

(2). Keep promises

When people keep people promises and keep people's promises, what people convey to others is that people care about them, people are reliable, and they can count on people and trust people in the future. Promise will be fulfilled, even if the promise is a small thing, it will be fulfilled. If people promise people's children to be home at five to help them with their homework, keep people's promises. If people promise a friend to go to his kid's baseball game, by all means, do it. If people tell a colleague people will be attending a meeting, be on time and be prepared. If people can't meet the deadline, let them know why as soon as possible; if possible, renegotiate the deadline.

(3). Learn to forgive and move on

To build trust, people must learn to forgive, move forward, and move on. Learn to let go of past arguments, resentments, and problems; learn to accept apologies from others and not hold them back.

Don't repeat past mistakes. Remember the moments in people's life when people needed or longed to be forgiven. Face people's mistakes and forgive people. If people can admit people's mistakes and forgive people themselves, it will be easier for people to forgive others.

(4). Understand that trust depends on people's self

How much others trust people depends on themselves. Think about people's relationships with others and people's behavior. Are people trusted and honest colleagues and friends? Have people tried to clear up misunderstandings when people are not communicating well with others?

Take responsibility for building trust in new relationships. Collaborate with colleagues and others. Take the initiative to help colleagues who are overwhelmed. If a friend, relative, or colleague is ill or is having a hard time, offer them some help people can. If mutual friends, family members, or coworkers lose trust in each other or have communication problems, people can help them reopen the lines of communication.

(5). Work hard to solve problems when they arise to build trust

When things go wrong at work or in relationships, the only way to regain trust is to work on solving the problem. Talk to the person who let people down. Talk to him if people feel angry, disappointed, betrayed, or taken advantage of. The longer people wait, the bigger the misunderstanding.

Start small and re-trust each other. Over time, as people see smaller promises being fulfilled, it's easier to believe that he'll honor the larger ones as well. Also, consider seeking out professional counseling services to address the thorny issues of rebuilding trust.

(6). Learn to identify who is trustworthy

Unfortunately, not everyone deserves to be trusted. Just as lack of trust can be problematic, too much credulity can be harmful. It's not a good idea to trust everyone people meet or casually share personal information. Use intuition, good judgment, and interactions with others to determine if someone is trustworthy. If people feel uncomfortable, take a moment to figure out why. If possible, look at the person's past and background. Watch for signs that the person is untrustworthy. For example, he doesn't look people in the eyes, ducks words, gets fidgety, talks inconsistently, makes exaggerated promises, or talks deliberately so that people can't hear him. (Note that there may be other reasons for this behavior, such as cultural differences or disabilities.)

If it doesn't feel right, trust people's gut and don't trust the person until people feel comfortable and trust him again.

3. Effect of Civilization

Civilization resulted when people established networks of urban settlements. Research shows that the earliest civilizations developed around 4000 to 3000 BCE. Agriculture and trade allowed for the rise of larger and more stable populations. Civilizations first appeared in Mesopotamia and later in Egypt. Civilizations thrived in the Indus Valley by about 2500 BCE, in China by about 1500 BCE, and in Central America by about 1200 BCE. Ultimately Civilizations developed on every continent except Antarctica. All civilizations have important characteristics. For example, civilizations have large population centers which allow for societal development; monumental architecture or unique styles of art that allow them to set their legacy or some type of mark for future generations; Similar types of communications for trade, cultural exchange, and development of government. The last two are systems for managing territories and the division of people into different social classes. Civilizations developed from Trading, types of Conflict that can result in an expansion of territory, and explorations. Early Civilizations formed when people began coming together for Urban Settlements.

During these early times of development, people formed small social groups not wanting to expand because they didn't know if they could trust others. But as time went on, Humans thrived and succeeded in an environment where they could solve problems together, care for each other, fight together, and hunt together. Gathering food was easier in a large group and community but for people to risk their safety with others they didn't know, there had to be some type of trust. What made trust possible to achieve one may ask? Well in these communities, when people start to get to know each other, it builds reputation.

For example, if someone doesn't hold their part of an agreement, it was easy to track them down and hold them accountable since the communities weren't as big. People who kept abusing other people's trust would just damage their reputation and would make their lives harder since people would have some type of view on who they are as a person. Trust between people and communities creates connections to resources that they may need in times of trouble. Trust can get people places and help them stand out in their community as someone important. Building trust develops communities and creates sustainability as people can work together to build up resources, build housing, protect one another, and lastly trade together to increase food and economic stability.

4. Importance of cooperation

With trust comes cooperation since civilians throughout communities can work together more easily and be able to expand the society around them. These two terms were inseparable when it came to ancient times and building civilizations. As mentioned before, working with others makes everything ten times easier which is what the form of cooperation brings. First, for the process of cooperation to seek the benefits of the advancement of civilizations, there needs to be trust that be formed. That is where communication comes along.

Communication is the number one thing that pulls life together. Without communication, life does not exist but when ancient people discovered the premier benefits of communication, it made trusting others far simpler. Our ability to communicate through spoken and written language is what makes us unique. The speech helped people to share their feelings and thoughts with others, learn from others, and create relationships. Understanding others led to more empathy, trust, and peaceful solutions to conflicts.

Throughout history, these two important elements both remain essential to diplomacy, negotiations, human interactions, and building trust. One of the earliest records of writing can be found on the Ishango bone from 20,000 BC, found in present-day Congo. The Ishango bone, discovered at the "Fisherman Settlement" of Ishango in the Democratic Republic of Congo, is a bone tool that dates to the Upper Paleolithic era. The bone is curved as shown in the picture at the bottom left of this slide, brown, and about 10 centimeters long. It features a sharp piece of Quartz which is a mineral and researchers assume it is for engraving.

5. Conclusion

Concluding the author's statements and explanations, the author strives for in this article, it should be easy to point out what my overall goal and message were. Just to recap, the point was how building trust led to cooperation which the ancient people turned into the formation of civilizations. With trust, came an endless amount of accomplishments. With the source of cooperation that trust gave, it built civilizations that went on for a long time, and that continue to do so. Trust is a very strong word and is what carried the impressive development in history. The methods displayed were extremely unique and were a great way to work together and create friendship when communication was lacking. Placing products in a neutral idea and being able to exchange and trade was such a fascinating way to socialize when people didn't know the others that were involved.

Life could be in danger if they were to come face to face but by exchanging products fairly, they were able to establish a relationship and better understanding with one another. With future research and further examination of history, more details and examples could be discovered. Especially with how advanced society is today, discoveries could be found that could potentially present new methods of cooperation and the formation of trust within society. Until that happens, these methods will do the job and can pave the way to how society is today.

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