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Research on the Education of Cultivating Values for Young Students in Universities

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Abstract: Young college students are a potential force for social development, a major carrier of communication among society, families, and schools, and shoulder the significant historical mission of social and national rejuvenation. Positive social values play an important role in guiding the thinking of young college students, enabling them to form their own healthy and positive energy habits that are in line with the times during their growth process. Therefore, the cultivation of values among young students needs to follow the correct guidance of current positive university educators.

Keywords: Values; Develop; Education.

1. Introduction

Reading thousands of books and traveling thousands of miles, young students, especially those in universities, are in a critical period of forming their own outlook on life, values, and the world. [1] If young students only adopt values in the classroom and books at school, it is not enough. More importantly, they should establish correct worldviews and values through practical activities, volunteer activities, academic and technological activities, etc. Therefore, schools should comprehensively cultivate the correct values of young students through a combination of social practice, volunteer activities, and other methods both inside and outside the school.

2. The Importance of Cultivating Values among Young College Students is Reflected in the Following Aspects:

(1)The reason why advanced scientific theories can be widely disseminated, especially among young students, cannot be separated from the new era environment. If one cannot effectively immerse oneself in the new era and deepen their cultural connotations, only by urging young students to constantly learn and adapt can they better play the leading role of new ideas in the development of young students' values.

Universities as a new stage for the growth of young students. We have deeply explored the excellent cultural resources of the Chinese nation for five thousand years, combined with the development of the times, to deepen the connotation of socialist core values in our hearts. In daily life and social practice, we unify the two with cultural education, enhancing the appeal and attractiveness of our values.

(2)Universities are the "main channel" for educating young students on the cultivation of values. Many traditional teaching methods for ideological and political theory courses in universities are "cramming", with outdated teaching models and less lively classroom atmosphere, which cannot stimulate the learning interest of young students and is in a passive and accepted position. [2] The ideological and political theory course has dual attributes, requiring university teachers to change the mode of education and teaching when guiding their values. Carry out good courses on ideological and political education, combine vivid examples from the lives of young students, and combine ideological and political courses guided by ideology with practical ideological and political courses, shorten the distance between teachers and students, improve the influence of ideological and political education, and enhance the infectivity of education. In addition, with the help of "Internet plus", innovative education leading models, such as "MOOC", can guide students to production and life situations. Finally, through speculation, it subtly influences the thinking of young students, achieving the effect of enhancing their values.

3. The Cultivation of Values among Young Students is a Long-Term Process, Where Each Person Possesses the Natural Attributes of a Biological Human from Birth

To grow into a social person based in society in the future, it is necessary to learn the rules of society and life, internalize and absorb them during their growth process, which is known as the process of human socialization. Learning the correct values is an important step in internalizing social culture. Only when young students develop the correct values can society have hope and make significant progress:

(1)The practical needs of traditional culture. The cultivation and education of values among young students is a necessary way to enhance China's traditional culture and national confidence. Under the influence of the current era of social trends, young students should systematically cultivate their correct ideological and values, and correct their own values in social practice in production and life. In order to achieve the cultural rejuvenation and national rejuvenation of the Chinese nation, they should contribute their youthful strength.

(2)The requirements of social development. Young students are an important group and potential force in mastering the most advanced technology of the times. They not only have strong learning abilities, but also possess strong creativity and extensive self thinking abilities. As a leader of young students, universities should fully recognize their own mission, rely on excellent traditional cultural resources and supportive policies, cultivate young students with correct values and worldviews, and meet the requirements of social

development in all aspects.

(3)An important fulcrum to guide the healthy development of young students. Faced with the unprecedented social environment in a century, young students have different cognitive concepts and personalities. Influenced by the social environment and ideological trends, they may be tempted by various materials and lose themselves under the influence of various social trends. When young students establish correct values and worldviews, they can calmly face negative temptations and develop along the right track in their studies, life, and work.

Education is an important way for young people to achieve socialization, and families, society, and schools all bear the educational function. The first class of ideological and political courses is limited, and the expansion of enrollment makes it impossible for counselors in universities to have a deep understanding of the ideological status of each student they are responsible for. It is not enough to only engage in specialized value cultivation during a certain period of time. Therefore, strengthening the teaching system of the entire university to cultivate the values of young students is a direct and effective method.

4. In the Process of Cultivating Their Values, Young College Students Need the Joint Efforts of Policies, Educators, and the Environment, Such as:

(1) Fully leverage the advantages of young student organizations in universities. Student organizations are organizations created for young students to improve themselves. Young students who participate in student organizations, such as student unions and clubs, tend to gather together and focus on common goals, ultimately forming a cohesive force. In the process of organizing activities, educators pay attention to cultivating the values of young students. Relevant activities such as inviting outstanding alumni or successful individuals from their own schools to share and introduce, holding public welfare organization achievement exhibitions and book clubs in Zhengneng, let young students understand what values should be developed.

(2)Call on students to spontaneously engage in volunteer activities. Young students should establish values of serving society from the beginning, and universities should provide a certain number of volunteer service positions, such as conference volunteers, library organizing posts, cafeteria volunteers, welfare homes around the school, long-distance public transportation stations, etc. Encourage young students to participate more in voluntary services for innovation and entrepreneurship, as well as social practice activities during winter and summer vacations. Through these activities, young students can establish correct values and cultivate broad mindedness.

Correct values can guide young students to make accurate judgments about the value of things, thereby helping people realize the true meaning of life. Young college students are in a critical period of forming their own values. As a specialized educational institution for teaching and educating, universities should provide correct guidance and guidance to students in this process, helping them form correct values. If we, the Chinese nation, want to occupy a place in the global landscape and cultivate students with excellent professional skills, skills, and correct outlooks on life, the world, and values, we must adopt appropriate methods and have sufficient means of education and guidance in order for them to make a difference.

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