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Main Influencing Factors and Development Strategies for The Training Quality of D-Level Football Coaches in Shanxi Province

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Abstract: In recent years, China's football career has entered a period of rapid development, the scale of football coach training has been greatly expanded, and the number of coaches has also been greatly expanded. In such a situation, how to ensure the steady improvement of the quality of coaches has become the focus of current coach training development. Grade D football coaches are the first teachers of football players, and they shoulder the important task of enlightening athletes and helping athletes select and transport talents.

Keywords: Shanxi Province, D-level football coaches, Training quality, Influencing factors, Development strategies.

1. Introduction

With the rapid expansion of the training scale of D-level football coaches, there are also many problems to be solved in the training of D-level football coaches, such as uneven levels of trainees, non-standard selection of materials, imperfect selection and assessment system of coaches and lecturers, lack of scientific and reasonable training materials for D-level coaches, imperfect venue facilities, lack of quality control of coaches, and a series of problems. In particular, the training quality of D-level coaches [1-2]. We should pay attention to the factors that affect the quality of football training. From the perspective of benign development, it should be the Chinese Football Association, Shanxi Football Association and other management departments to adapt to social needs to take the initiative to develop the scale of education, rather than forced by the growth of social demand to expand the scale to promote the development of management departments.

This paper is based on the analysis and investigation of the current status of the training of D-level football coaches in Shanxi Province, while consulting a large number of factors that affect the quality of youth training at home and abroad. Through my personal participation in the D-level football training in Shanxi Province and the organization of training, the exchange and verification of the training personnel, I am committed to discovering the existence of the training process of D-level football coaches in Shanxi Province in this paper, the main factors affecting the training quality of D-level football coaches are found out, and development countermeasures are proposed [3-5]. In order to provide reference and basis for the improvement of the training of D-level football coaches in Shanxi Province and continue to develop better.

2. Methodology

2.1. Investigation Results and Research on The Main Influencing Factors of The Training Quality of D-Level Football Coaches in Shanxi Province -- From the Perspective of Training Students

The participants of the D-level training course are the main body of the training course and have an intuitive view of the influencing factors. It can be seen from Figure 1.

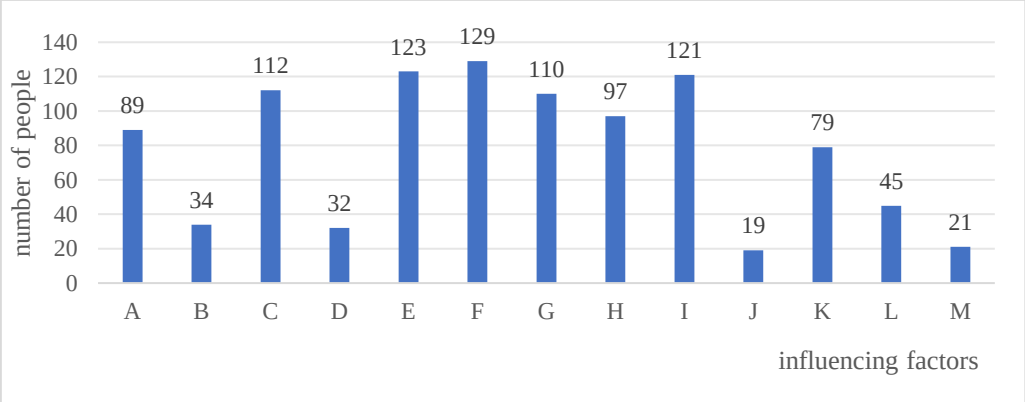


Figure 1. Feedback from training class participants (N=176)

A: Students' motivations for participating in training
B: Selection of students
C: Basic theoretical and technical level of students
D: The gap between the knowledge learned by students and

their work

E: Coach-lecturer guidance

F: Teaching ability level of coaches and lecturers

G: Student assessment system and format

H: Student training mode

I: Setting and distribution of teaching material content

J: Training venue and equipment settings

K: Selection system for coaches and lecturers

L: Continuing education and training organization

M: other factors

As can be seen from Fig. 1, the participants believed that the main influencing factors of the training quality of the training course were the teaching ability of the coaches and lecturers in turn, with 129 participants, accounting for 73%. The number of coaches and lecturers in the way of guidance was 123, accounting for 69%, and the number of textbook content setting and distribution was 121, accounting for 68%. It can be seen that the training course participants believe that the teaching ability level of coaches and lecturers has the greatest influence on the quality of the training course. From the perspective of students, as trainees, they will have a more intuitive view of some external influencing factors and can evaluate them objectively. In the interview with the students, some students believe that the current teaching ability of some coaches and lecturers is limited, in the course of teaching, the lecturer's thinking is too old-fashioned, or the previous training methods, which makes it difficult to train high-standard coaches. Therefore, the management departments such as the Football Association should work hard to strengthen the duties of coaches and lecturers and improve the ability of coaches and lecturers. Most experts believe that coaches and lecturers should find and solve problems in time during the training process. Each student is an individual and has a different understanding of football. Therefore, coaches and lecturers should summarize and think in time. When students encounter difficulties in the training process, the active intervention of coaches and lecturers and timely guidance to students are very important. However, it can also be seen from the chart that students think their basic theory and technical level and motivation to participate in the training are relatively low, which also indicates that there are some limitations in the feedback of students. These problems together constitute the factors affecting the quality of training of D-level football coaches in Shanxi Province. We must solve these problems in order to continuously improve the quality of training of D-level football coaches in Shanxi Province.

2.2. Investigation Results and Research on The Main Influencing Factors of The Training Quality of D-Level Football Coaches in Shanxi Province -- From the Perspective of Coaches and Lecturers

As the instructors of the training course, the coaches and lecturers have a certain level of teaching and sports technology, and have a deeper understanding of the influencing factors in the training process. A more scientific view of the influencing factors. It can be seen from Figure 2.

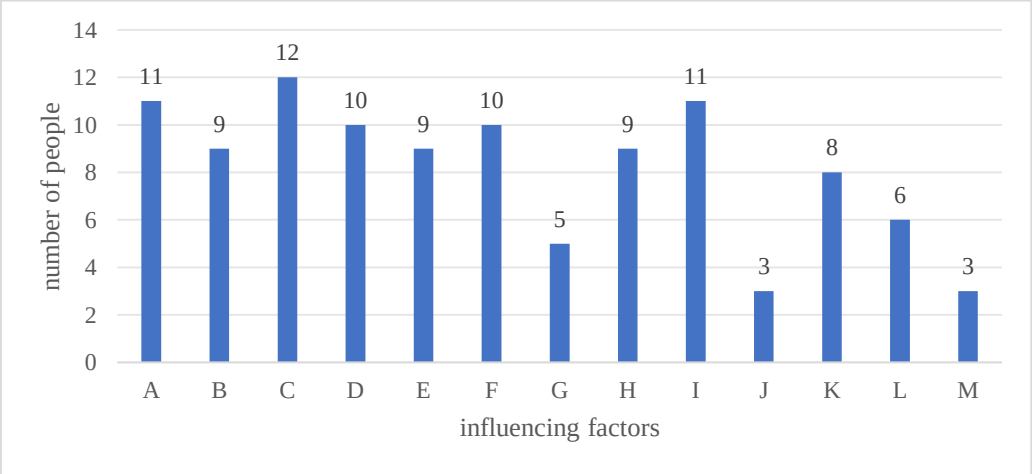


Figure 2. Coaches and lecturers' feedback (N=15)

A: Students' motivations for participating in training

B: Selection of students

C: Basic theoretical and technical level of students

D: The gap between the knowledge learned by students and their work

E: Coach-lecturer guidance

F: Teaching ability level of coaches and lecturers

G: Student assessment system and format

H: Student training mode

I: Setting and distribution of teaching material content

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As can be seen from Figure 2, 12 people, accounting for 80%, believe that the main influencing factor of training quality is the basic theory and technical level of students. It is believed that the main influencing factors of training quality are the setting and distribution of training material content and the motivation of trainees to participate in training are 11, accounting for 73%. It is believed that the main restricting factors of training quality are the teaching ability level of coaches and lecturers and the gap between knowledge and work is 10, accounting for 67%. It can be seen that coaches and lecturers believe that the most important influencing factor is the basic theory and technical level of students. In interviews with coaches and lecturers, it is found that most football coaches and lecturers and experts think that most of the students have a poor foundation and poor understanding of their own technical level and the content of training materials when talking about the basic situation of the students.

2.3. Investigation Results and Research on The Main Influencing Factors of The Training Quality of D-Level Football Coaches in Shanxi Province -- From the Perspective of Experts

At the same time of questionnaire survey, I took advantage of the opportunity of internship in Chinese Football Association to have a face to face conversation with some football experts and football association managers. In an in-depth interview with experts in the football industry, the experts were asked to tick the most important factors from the above factors. It can be seen from Figure 3.

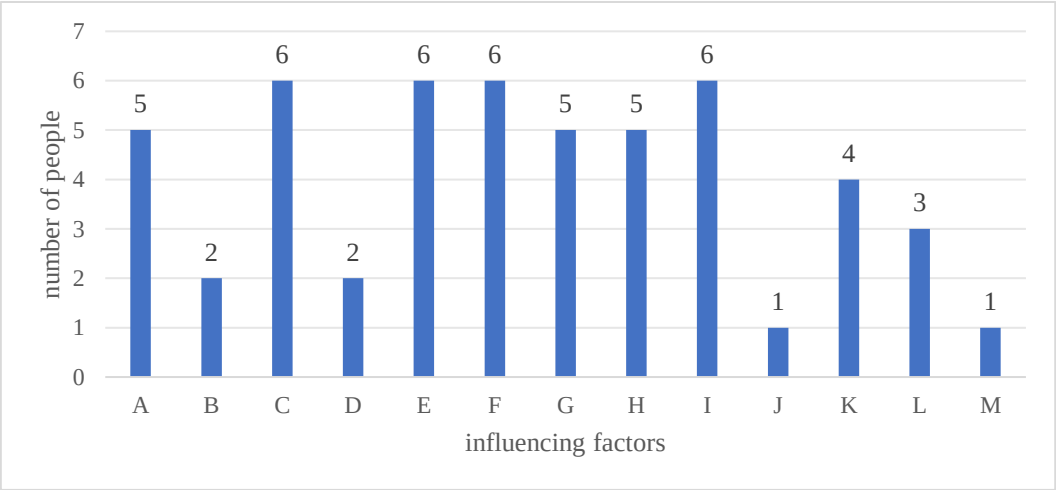


Figure 3. Experts' feedback (N=9)

A: Students' motivations for participating in training
B: Selection of students
C: Basic theoretical and technical level of students
D: The gap between the knowledge learned by students and their work
E: Coach-lecturer guidance
F: Teaching ability level of coaches and lecturers
G: Student assessment system and format
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M: other factors

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3. Results and Discussion

Three different groups of people's views on the main factors affecting the training quality of D-level football coaches.

According to the above questionnaire survey of the trainees and coaches, the experts and managers in the field of football were interviewed, and the results were analyzed by factor analysis. The results show that on this issue, the views of three different stakeholders, namely, the trainees, the coaches, the lecturers and the experts in football direction, are roughly in line with each other. It is believed that there are three main factors affecting the training quality of the training class: 1. The trainees' factors, including: the trainees' motivation to participate in the training, the trainees' basic training theory and technical level. 2. Coach and lecturer factors, including: coach and lecturer guidance methods and coach and lecturer teaching ability level. 3. Management guarantee factors, including: the setting and distribution of teaching material content, the assessment system and form of students and the training form of students.

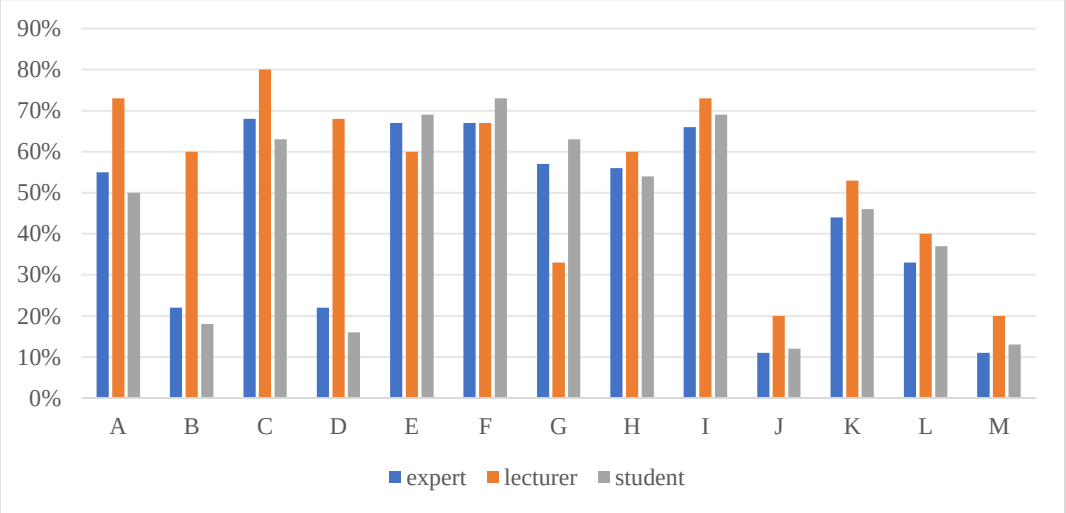


Figure 4. Views of three different groups of people on the main influencing factors

A: Students' motivations for participating in training
B: Selection of students
C: Basic theoretical and technical level of students
D: The gap between the knowledge learned by students and their work
E: Coach-lecturer guidance
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This questionnaire survey and expert interview cover three types of stakeholders of the training quality of D-level football coaches in Shanxi Province, training course participants, coaches and lecturers, as well as experts and managers in related football fields. It is widely representative and persuasive. By analyzing and thinking the data and results in FIG. 5, this paper identifies at least two groups of people as the main influencing factors, among which three groups account for more than 60%: the basic theory and technical level of students, the guidance method of coaches and lecturers, the teaching ability level of coaches and lecturers, and the setting and distribution of textbook content. The proportion of three groups is more than 50%: the motivation of trainees to participate in training and the training form of trainees. The proportion of the two groups of people is more than 50%: the assessment system and form of students.

4. Conclusion

Training courses the motivation of most trainees to participate in training is mainly to meet the needs of the job, which will affect the attitude of the trainees to participate in training. Most of the students lack the basic knowledge of football theory, and the technical level is uneven, which is not conducive to the mastery of the knowledge learned in the training class. There are no training materials specifically for the students of the D class, and the courseware used by the students lacks pedagogy and psychology related to the training of young people, as well as sports injury prevention and physical training closely related to the special subject. The coaching mode of coaches and lecturers is single lecturers, which is not conducive to the expansion of ideas and the cultivation of innovative thinking. Some lecturers do not pay attention to the cultivation of students' emotional attitude in the training process, and their teaching ability is low.

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