Research on Traditional Philosophical Thoughts in Chinese Classical Music Creation

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Abstract: Chinese traditional culture is rooted in the soil of the Chinese nation, created by ancestors and improved and evolved from generation to generation by the Chinese nation. The cultural background has a long history and profound cultural connotations. Chinese classical music carries the shining wisdom of excellent traditional Chinese culture and is the spiritual fruit of the integration of Chinese philosophical consciousness and artistic image. Chinese classical music culture is not an unchanging text, occurring in a historical context, but always open to the inheritors of traditional culture. Traditional music culture is an inseparable part of the traditional cultural system, which includes the beauty of traditional Chinese music and is an artistic crystallization that fully reflects the level of classical Chinese music art. In the process of development and inheritance of Chinese classical music, the adaptability to philosophical hermeneutics is reflected at multiple levels, which are respectively reflected in the context, inter subjectivity and horizon integration in the process of inheritance. Chinese classical music has the value of crystallization that fully reflects the level of classical Chinese music art. In the process of development and inheritance of Chinese classical music, it is inseparable from the inheritance and promotion of traditional culture. As an artistic form of expression, music is rooted in the cultural soil of different regions, reflecting the local customs, cultural characteristics, spiritual pursuits, and values. Its impact on people also varies. With the continuous development of the social economy, the cultural field is gradually moving towards globalization. Under the continuous impact of various popular cultures around the world, Chinese classical culture is gradually being eliminated by the market in the current market. And Chinese classical music is the core of the sound of China, which gathers the essence of music of all ages in China, is the profound embodiment of the Chinese nation's feelings and ideals, and is the main artistic expression form of Chinese ancient philosophy. Based on the current new media market environment, Chinese classical culture is also actively exploring new forms of development. China is an ancient civilization with a history of thousands of years, and its cultural heritage is also extremely profound, especially during the Spring and Autumn Period and the Warring States period, when a hundred schools of thought were competing and ideological and cultural forms were colourful. Music, as a unique form of artistic expression, can serve as a regulatory valve for governing the hearts of people throughout China's thousands of years of history and culture, and can play an important social value. Since the pre-Qin period, the representative figure of Taoism, Zhuangzi, has proposed the idea of "heaven and earth coexist with me, and all things are the same as me". Compared to the Confucian color of human relations, Taoism values nature more and advocates harmonious coexistence with nature. The emergence of this philosophical thought has also had an extremely profound impact on traditional Chinese music and art. The music ideology of Taoism mainly comes from some literati who are opposed to Confucianism. Unlike the Confucian concept of etiquette and music, this ideology is less utilized by the ruling class and more influenced by traditional Chinese literati culture. Among them, there is also a more important layer of content, which is to express people's natural emotions through music. The so-called natural emotions mean breaking free from various constraints. Therefore, in order to reflect the aesthetic taste of unity between humans and nature in music, one must immerse oneself in the embrace of nature. In today's music aesthetic activities, these concepts of Zhuangzi also endow people with a different charm in understanding Chinese classical music. Learning Chinese classical music can promote the inheritance and development of traditional Chinese music culture, and help children and college students establish national self-esteem and confidence. When exposed to Western music, it is important for students' physical and mental health not to feel inferior. Chinese traditional culture contains many valuable musical and cultural elements, from classical music to ethnic music, from folk songs to ethnic instruments, which are valuable materials that can broaden students' musical cognition and help them establish diverse musical cognition.

Keywords: Chinese Classical Music; Creation; Traditional Philosophical Ideas.

1. Introduction

The strength of a country and the rejuvenation of a nation cannot be separated from the inheritance and promotion of traditional culture. The Chinese nation has created a brilliant traditional culture. As an artistic form of expression, music is rooted in the cultural soil of different regions, reflecting the local customs, cultural characteristics, spiritual pursuits, and values. Its impact on people also varies. With the continuous development of the social economy, the cultural field is gradually moving towards globalization. Under the continuous impact of various popular cultures around the world, Chinese classical culture is gradually being eliminated by the market in the current market. And Chinese classical music is the core of the sound of China, which gathers the essence of music of all ages in China, is the profound embodiment of the Chinese nation's feelings and ideals, and is the main artistic expression form of Chinese ancient philosophy. Based on the current new media market environment, Chinese classical culture is also actively exploring new forms of development. China is an ancient civilization with a history of thousands of years, and its cultural heritage is also extremely profound, especially during the Spring and Autumn Period and the Warring States period, when a hundred schools of thought were competing and ideological and cultural forms were colourful. Music, as a unique form of artistic expression, can serve as a regulatory valve for governing the hearts of people throughout China's thousands of years of history and culture, and can play an important social value. Since the pre-Qin period, the representative figure of Taoism, Zhuangzi, has proposed the idea of "heaven and earth coexist with me, and all things are the same as me". Compared to the Confucian color of human relations, Taoism values nature more and advocates harmonious coexistence with nature. The emergence of this philosophical thought has also had an extremely profound impact on traditional Chinese music and art. The music ideology of Taoism mainly comes from some literati who are opposed to Confucianism. Unlike the Confucian concept of etiquette and music, this ideology is less utilized by the ruling class and more influenced by traditional Chinese literati culture. Among them, there is also a more important layer of content, which is to express people's natural emotions through music. The so-called natural emotions mean breaking free from various constraints. Therefore, in order to reflect the aesthetic taste of unity between humans and nature in music, one must immerse oneself in the embrace of nature. In today's music aesthetic activities, these concepts of Zhuangzi also endow people with a different charm in understanding Chinese classical music. Learning Chinese classical music can promote the inheritance and development of traditional Chinese music culture, and help children and college students establish national self-esteem and confidence. When exposed to Western music, it is important for students' physical and mental health not to feel inferior. Chinese traditional culture contains many valuable musical and cultural elements, from classical music to ethnic music, from folk songs to ethnic instruments, which are valuable materials that can broaden students' musical cognition and help them establish diverse musical cognition.

2. The Functions of Chinese Classical Music

2.1. Cultivate Temperament and Reconcile the Crowd

The Five Elements Theory is a very important concept in Chinese philosophy, which is fully expressed in Chinese classical music in an intuitive way, interacts with the theory of traditional Chinese medicine, and plays an active role in people's physical and mental recuperation and emotional cultivation. Choosing music appreciation based on the
characteristics of the five tone modes of classical Chinese music and the relationship between the five elements and five organs can play a balanced and proportionate role in human health, promote the balanced development of the five organs, and thus regulate emotions. Chinese people have always liked to regard mountains and rivers as their emotional sustenance and destination for life. They freely seek warmth, harmony, and tranquility in the embrace of nature. Music, especially instrumental music, is not like poetry, which cannot entertain the mind through words, nor does it express many objective things such as natural scenery through color, lines, and other means, such as modeling, sculpture, and painting, to entertain the eyes. The mission of music, the sound art, is to influence people's emotions, entertain people and purify their minds [7].

Music not only has a positive effect on personal physical and mental health and cultivation, but also plays a great role in governing the country, harmonizing the world, and promoting social order and civilization in society, the country, and even the world. For example, in the piano piece "Fisherman's Song" (as shown in Figure 1), the music in this work less portrays the rhythm of water and the swaying of ships, but more creates a free and unrestrained emotion that is far from worldly troubles through some gentle and elegant melodies, thus triggering people to have a richer feeling. The reason why classical music in ancient China has been passed down to this day and has been enduring is precisely because these works themselves carry the essence of truth, goodness, and beauty, making people emotional and moved by them during the appreciation process.

2.2. Beneficial to Shaping the Physical and Mental Health of College Students

Chinese classical music is rooted in the land of China, carrying local cultural genes and inheriting traditional Chinese medicine theory. It integrates the five tones and five organs into the Five Elements theory, playing a positive role in regulating people's physical and mental health. Traditional culture is rooted in national history and culture, with a solid cultural heritage and historical logic. Music education belongs to specialized subject types and has a mature and stable teaching system. After students successfully establish a traditional cultural cognitive system through education infiltration, their personal cultural cultivation can be unprecedentedly improved, and their comprehensive quality level will inevitably be upgraded. Music education is a highly professional type of education with a mature and complete information dissemination and reception system. It can help students understand and accept certain targeted information through standardized and mature educational techniques. College students come from all corners of China, gathering together to pursue their personal ideals and pursue further education. At an age when their values are not yet mature, some of them are ambitious or at a loss, requiring education and guidance from schools and society in various aspects, as well as continuous accumulation and shaping of time and experience [8].

Extracting content that can be highly integrated with the music education system in traditional culture can effectively achieve the targeted goal of making students accept and understand traditional culture. Regularly exposing college students to Chinese classical music, through the action of the five tones on the five internal organs, accompanied by the adjustment of rhythm density and melody, to regulate corresponding emotions, dispel restlessness and anxiety, and eliminate the harm of negative emotions to the body. Appropriately appreciating Chinese classical music for college students can not only assist in treating and interrupting negative emotions that continue to harm themselves, but also cultivate an open-minded and nourishing mind after developing good appreciation habits, thereby cultivating temperament and transforming temperament, and becoming an inheritor with emotional experiences of Chinese culture [9].

Figure 1. Excerpt from the guqin score of "Fisherman's Song"
3. Chinese Classical Music Contains Unique Chinese Intellectual Wisdom

3.1. The Philosophical Universe View of "Unity of Heaven and Man"

The universe view of Zhuangzi believes that the "Dao" that follows the law of inaction and is infinite and free is beautiful. It believes that beauty lies in freedom and the unity of freedom and objective laws, which is its understanding of the essence of beauty. In Zhuangzi's view, "Dao" is nature, an objective law, and a combination of truth, goodness, and beauty. Chinese musicians have always pursued an artistic conception of "unity of things and scenery" in their creative process. On the one hand, they immerse themselves in the embrace of nature, and on the other hand, they also embrace nature in their own hearts. In nature, there are landscapes, customs, and rural landscapes, and various arts draw inexhaustible materials from the natural world around us. The philosophical idea of "harmony between heaven and man" is also the highest value pursuit in the development process of Chinese classical music. It embodies a unique artistic expression in which humans integrate their thoughts with all things in the universe when contemplating and comprehending natural environments and social phenomena, and are able to experience the joy of it. Generally, the scenery is harmoniously unified with the expressed artistic conception, allowing the viewer to achieve the beauty of subjective and objective balance, and feel the beauty of the author's expression of profound philosophical consciousness through artistic techniques [10].

Chinese classical music, as a form of artistic expression, carries the wisdom of excellent traditional Chinese culture, blending philosophical consciousness with artistic images, and achieving the goal of artistic transformation. College students are an advanced generation of young people who master technological and cultural knowledge. Implementing Chinese classical music education for them is a powerful way to actively promote excellent traditional Chinese culture. In terms of specific musical works, influenced by Zhuangzi's concept of "natural music", traditional Chinese music has achieved perfect integration of emotions and scenes. When composers draw inspiration from natural scenery descriptions, they are always associated with the environment in which specific characters and related characters live. On the one hand, it is the space for character activities, and on the other hand, it can display the character's personality and thoughts.

3.2. Cultivate the Ideology of Harmonious Coexistence, Mutual Benefit and Win-Win Situation among College Students

Chinese classical music has undergone great changes in the Chinese nation, exerting its own energy in different eras, nourishing the Chinese land, infiltrating the hearts of generations of Chinese children, and working together with all excellent Chinese civilizations to make the Chinese family, which carries 56 ethnic groups, live together in a happy, orderly, and inclusive manner. The philosophical concept of "harmony between heaven and man" embodies Chinese wisdom and is an important manifestation of our spiritual wealth. We not only implement this spirit in the development concept and strategy of harmonious coexistence between humans and nature with "ecological civilization" as the core, guiding people's daily life and work; At the same time, this philosophical worldview reflects China's broad mindedness in its foreign exchanges - the proposition and practice of building a community with a shared future for mankind that is "peace, development, and win-win cooperation", which has become another important contribution of China's wisdom to the world today. Through continuous practice in appreciating Chinese classical music art, we enhance our ability to comprehend, integrate the spirit of traditional culture, and experience the aesthetic height of artistic conception. By using our own practical actions, we will carry forward the light of wisdom that Chinese traditional culture has contributed to humanity, integrate the philosophical worldview integrated into our bloodstream with the construction practice of building a community with a shared future for mankind, and consciously play a role in the peaceful and sustainable development of humanity. This will enable the light of human wisdom to continue to be passed down and developed, shining brightly in various parts of the world.

4. Conclusion

Chinese classical music is a classic work that has gone through time, eliminated the dross, left its essence and shone in the long history of Chinese music. The contextual, inter subjective, generative and other characteristics of the inheritance paradigm of Chinese classical music highlight the implication of philosophical hermeneutics theory. A full understanding of traditional Chinese culture can re-examine the current situation of music teaching, think about new ways out, improve teacher-student relationships, and create an equal and harmonious teaching environment. Fully understanding Chinese classical music can promote harmonious coexistence between humans, humans and nature, and humans and society. Classical music greatly promotes traditional Chinese philosophical thought, enhancing its influence and expanding its scope. Scientific guidance on the creation and dissemination of classical music can better spread Chinese culture and carry forward the profound connotations of Chinese thought. Integrating traditional cultural elements into music education can not only utilize the characteristics of the education system to effectively inherit traditional culture, but also make music education more "localized", thereby effectively establishing students' local cultural confidence. Zhuangzi's music aesthetics have a significant position and profound influence in both the history of ancient music aesthetics and the aesthetics of today's music. Integrating Chinese classical music art, we enhance our ability to comprehend, integrate the spirit of traditional culture, and become another important contribution of China's wisdom to the world today. Through continuous practice in appreciating Chinese classical music art, we enhance our ability to comprehend, integrate the spirit of traditional culture, and experience the aesthetic height of artistic conception. By using our own practical actions, we will carry forward the light of wisdom that Chinese traditional culture has contributed to humanity, integrate the philosophical worldview integrated into our bloodstream with the construction practice of building a community with a shared future for mankind, and consciously play a role in the peaceful and sustainable development of humanity. This will enable the light of human wisdom to continue to be passed down and developed, shining brightly in various parts of the world.

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