

# Research on Traditional Philosophical Thoughts in Chinese Classical Music Creation

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**Abstract:** Chinese traditional culture is rooted in the soil of the Chinese nation, created by ancestors and improved and evolved from generation to generation by the Chinese nation. The cultural background has a long history and profound cultural connotations. Chinese classical music carries the shining wisdom of excellent traditional Chinese culture and is the spiritual fruit of the integration of Chinese philosophical consciousness and artistic image. Chinese classical music culture is not an unchanging text, occurring in a historical context, but always open to the inheritors of traditional culture. Traditional music culture is an inseparable part of the traditional cultural system, which includes the beauty of traditional Chinese music and is an artistic crystallization that fully reflects the level of classical Chinese music art. In the process of development and inheritance of Chinese classical music, the adaptability to philosophical hermeneutics is reflected at multiple levels, which are respectively reflected in the context, inter subjectivity and horizon integration in the process of inheritance. Chinese classical music has the value of cultivating students' temperament in the education of excellent traditional Chinese culture, making it an inheritor of Chinese cultural emotional experience. This article mainly studies the traditional philosophical ideas in the creation of Chinese classical music.

**Keywords:** Chinese Classical Music; Creation; Traditional Philosophical Ideas.

## 1. Introduction

The strength of a country and the rejuvenation of a nation cannot be separated from the inheritance and promotion of traditional culture. The Chinese nation has created a brilliant traditional culture. As an artistic form of expression, music is rooted in the cultural soil of different regions, reflecting the local customs, cultural characteristics, spiritual pursuits, and values. Its impact on people also varies [1]. With the continuous development of the social economy, the cultural field is gradually moving towards globalization. Under the continuous impact of various popular cultures around the world, Chinese classical culture is gradually being eliminated by the market in the current market. And Chinese classical music is the core of the sound of China, which gathers the essence of music of all ages in China, is the profound embodiment of the Chinese nation's feelings and ideals, and is the main artistic expression form of Chinese ancient philosophy. Based on the current new media market environment, Chinese classical culture is also actively exploring new forms of development [2]. China is an ancient civilization with a history of thousands of years, and its cultural heritage is also extremely profound, especially during the Spring and Autumn Period and the Warring States period, when a hundred schools of thought were competing and ideological and cultural forms were colourful. Music, as a unique form of artistic expression, can serve as a regulatory valve for governing the hearts of people throughout China's thousands of years of history and culture, and can play an important social value [3]. Since the pre-Qin period, the representative figure of Taoism, Zhuangzi, has proposed the idea of "heaven and earth coexist with me, and all things are the same as me". Compared to the Confucian color of human relations, Taoism values nature more and advocates harmonious coexistence with nature [4]. The emergence of this philosophical thought has also had an extremely profound

impact on traditional Chinese music and art. The music ideology of Taoism mainly comes from some literati who are opposed to Confucianism. Unlike the Confucian concept of etiquette and music, this ideology is less utilized by the ruling class and more influenced by traditional Chinese literati culture. Among them, there is also a more important layer of content, which is to express people's natural emotions through music. The so-called natural emotions mean breaking free from various constraints. Therefore, in order to reflect the aesthetic taste of unity between humans and nature in music, one must immerse oneself in the embrace of nature [5]. In today's music aesthetic activities, these concepts of Zhuangzi also endow people with a different charm in understanding Chinese classical music. Learning Chinese classical music can promote the inheritance and development of traditional Chinese music culture, and help children and college students establish national self-esteem and confidence. When exposed to Western music, it is important for students' physical and mental health not to feel inferior. Chinese traditional culture contains many valuable musical and cultural elements, from classical music to ethnic music, from folk songs to ethnic instruments, which are valuable materials that can broaden students' musical cognition and help them establish diverse musical cognition [6].

## 2. The Functions of Chinese Classical Music

### 2.1. Cultivate Temperament and Reconcile the Crowd

The Five Elements Theory is a very important concept in Chinese philosophy, which is fully expressed in Chinese classical music in an intuitive way, interacts with the theory of traditional Chinese medicine, and plays an active role in people's physical and mental recuperation and emotional cultivation. Choosing music appreciation based on the



### **3. Chinese Classical Music Contains Unique Chinese Intellectual Wisdom**

#### **3.1. The Philosophical Universe View of "Unity of Heaven and Man"**

The universe view of Zhuangzi believes that the "Dao" that follows the law of inaction and is infinite and free is beautiful. It believes that beauty lies in freedom and the unity of freedom and objective laws, which is its understanding of the essence of beauty. In Zhuangzi's view, "Dao" is nature, an objective law, and a combination and unity of truth, goodness, and beauty. Chinese musicians have always pursued an artistic conception of "unity of things and scenery" in their creative process. On the one hand, they immerse themselves in the embrace of nature, and on the other hand, they also embrace nature in their own hearts. In nature, there are landscapes, customs, and rural landscapes, and various arts draw inexhaustible materials from the natural world around us. The philosophical idea of "harmony between heaven and man" is also the highest value pursuit in the development process of Chinese classical music. It embodies a unique artistic expression in which humans integrate their thoughts with all things in the universe when contemplating and comprehending natural environments and social phenomena, and are able to experience the joy of it. Generally, the scenery is harmoniously unified with the expressed artistic conception, allowing the viewer to achieve the beauty of subjective and objective balance, and feel the beauty of the author's expression of profound philosophical consciousness through artistic techniques [10].

Chinese classical music, as a form of artistic expression, carries the wisdom of excellent traditional Chinese culture, blending philosophical consciousness with artistic images, and achieving the goal of artistic transformation. College students are an advanced generation of young people who master technological and cultural knowledge. Implementing Chinese classical music education for them is a powerful way to actively promote excellent traditional Chinese culture. In terms of specific musical works, influenced by Zhuangzi's concept of "natural music", traditional Chinese music has achieved perfect integration of emotions and scenes. When composers draw inspiration from natural scenery descriptions, they are always associated with the environment in which specific characters and related characters live. On the one hand, it is the space for character activities, and on the other hand, it can display the character's personality and thoughts.

#### **3.2. Cultivate the Ideology of Harmonious Coexistence, Mutual Benefit and Win-Win Situation among College Students**

Chinese classical music has undergone great changes in the Chinese nation, exerting its own energy in different eras, nourishing the Chinese land, infiltrating the hearts of generations of Chinese children, and working together with all excellent Chinese civilizations to make the Chinese family, which carries 56 ethnic groups, live together in a happy, orderly, and inclusive manner. The philosophical concept of "harmony between heaven and man" embodies Chinese wisdom and is an important manifestation of our spiritual wealth. We not only implement this spirit in the development concept and strategy of harmonious coexistence between humans and nature with "ecological civilization" as the core, guiding people's daily life and work; At the same time, this

philosophical worldview reflects China's broad mindedness in its foreign exchanges - the proposition and practice of building a community with a shared future for mankind that is "peace, development, and win-win cooperation", which has become another important contribution of China's wisdom to the world today. Through continuous practice in appreciating Chinese classical music art, we enhance our ability to comprehend, integrate the spirit of traditional culture, and experience the aesthetic height of artistic conception. By using our own practical actions, we will carry forward the light of wisdom that Chinese traditional culture has contributed to humanity, integrate the philosophical worldview integrated into our bloodline with the construction practice of building a community with a shared future for mankind, and consciously play a role in the peaceful and sustainable development of humanity. This will enable the light of human wisdom to continue to be passed down and developed, shining brightly in various parts of the world.

### **4. Conclusion**

Chinese classical music is a classic work that has gone through time, eliminated the dross, left its essence and shone in the long history of Chinese music. The contextual, inter subjective, generative and other characteristics of the inheritance paradigm of Chinese classical music highlight the implication of philosophical hermeneutics theory. A full understanding of traditional Chinese culture can re-examine the current situation of music teaching, think about new ways out, improve teacher-student relationships, and create an equal and harmonious teaching environment. Fully understanding Chinese classical music can promote harmonious coexistence between humans, humans and nature, and humans and society. Classical music greatly promotes traditional Chinese philosophical thought, enhancing its influence and expanding its scope. Scientific guidance on the creation and dissemination of classical music can better spread Chinese culture and carry forward the profound connotations of Chinese thought. Integrating traditional cultural elements into music education can not only utilize the characteristics of the education system to effectively inherit traditional culture, but also make music education more "localized", thereby effectively establishing students' local cultural confidence. Zhuangzi's music aesthetics have a significant position and profound influence in both the history of ancient music aesthetics and the aesthetics of today's music. College students are the mainstream group of future society and young people who master scientific knowledge. Through the practice and promotion of excellent virtues by generations of young students, the Chinese nation will inevitably form a positive and virtuous force, which is not only a noble collective moral realm worth the unremitting pursuit of the Chinese nation, but also a prerequisite and unstoppable spiritual force for the Chinese nation to stride forward on the path of becoming a strong country.

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