

# In the Context of Cultural Self-confidence, The Innovative Teaching Exploration of the "Three-dimensional Cutting" Course

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**Abstract:** The Course of "S three-dimensional Cutting of Clothing" is a skill course based on practical operations, mainly to cultivate students' style and modeling capabilities. In the context of cultural self-confidence, how to reflect cultural self-confidence in practical curriculum teaching, and conduct innovative exploration of curriculum is the needs of the times and the overall needs of the course system ideological and political teaching.

**Keywords:** Cultural self-confidence, Three-dimensional cutting of clothing, Curriculum exploration.

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## 1. Introduction

Cultural self-confidence is one of the most fundamental, most common and deepest power of a nation and country. Since the 18th National Congress of the Communist Party of China, General Secretary Xi Jinping has repeatedly emphasized the importance of establishing cultural self-confidence[1]. On the one hand, the mature culture of the region can significantly affect people's worldview, outlook on life, and values, which has a positive impact on the overall development of people. On the other hand, culture can continuously stimulate people's creativity and imagination, keep pace with the times, and accelerate the pace of development.

Universities undertaken the important tasks of Lide Shushu people[2]. For college teachers, how to integrate cultural self-confidence into the course, truly cultivating students' cultural self-confidence in the course is that every teacher is also every course, especially in the dominant position. The important mission of professional courses should be assumed.

The domestic discipline construction of clothing design starts late. The design of professional knowledge architecture and curriculum content basically draws on foreign countries, especially clothing structure cutting courses. Following the aesthetics of modern people, the main teaching methods are based on the western structure and cutting[3]. The three-dimensional cutting of clothing has been continuously cutting in the West, and as an important supplement to clothing modeling design and clothing structure design, occupying an extremely important position in the entire professional system.

The Course of Costume Tailor is a practical skill course. At present, the ideological and political reform of this course is mostly in pursuing the spirit of the craftsmanship in the process of practice. The style of Western-style dresses, the design of ideas and political elements is relatively limited.

"Caucus Cutting" is the core skill course for clothing majors. It mainly cultivates students' design thinking, innovation ability, laying-up ability and version design realization ability, and cultivates the spirit of the student team's spiritual and styling craftsmanship.

## 2. Overview of Curriculum Innovation

### 2.1. Basic Nature of The Curriculum

The Course of Costume Cutting Course is generally in the third or fourth semester in the professional architecture. It is a course of practical, technical, artistic, artistic, and combined. Based on the design of style design Structure structure, accurately combine the sewing process process, repeatedly modify the shape and details, and timely adjust the unreasonable and unsightly factors in the design to make a beautiful and beautiful shape that meets the needs of the style. type.

This course requires students to have the basic clothing style design skills and a certain degree of clothing structure knowledge. They can sort out and operation of simple styles of processing, and have a certain observation and analysis of the understanding of the internal structure of the clothing Summarize and aesthetics.

### 2.2. Curriculum Innovation Goals

According to the professional knowledge architecture, the "S three-dimensional cutting" course mainly cultivates the basic knowledge and basic methods of students to master the three-dimensional cutting in terms of knowledge goals; Base. Cultivate students in terms of ability goals to flexibly apply the method of formulating the style of different clothing styles, complete the design and operation of styling; cultivate students' ability to observe and analyze modeling carefully; cultivate students' union design, understanding technology, and production[4]. Cultivate students with a strong sense of team cooperation in quality goals; cultivate students' spirit of craftsmanship with excellence; cultivate students to inherit excellent national traditional culture and enhance students' patriotic consciousness and national pride.

Design thinking is a method, and artistic appeal is the soul. Under the premise of ensuring the overall teaching process of the course, guide students to pay attention to classic creations of world-renowned designers such as Zhongdao Youzi and Yang Zi, and use them as within the class to guide students to explore styling techniques and creative skills, Encourage students to carry out a series of innovations in their own

design style, and test the realization of design styling and aesthetics through the method of formulating styling. In the process of styling, they continue to self-denial and innovate, and improve students' artistic appreciation and aesthetics[5]. The different characteristics of the fabric in the laying style, grasping the characteristics of the fabric and the fit of the human model and style design. The splicing effect of different materials, combined with different material characteristics, design curves, straight lines and other segmentation methods to generate new design inspiration, forming a design and artistic interchange. It is required that students will try to make a well-made design modeling with formal fabrics to make clothes. Check the same version with different effects presented by different materials. Compared with different effects of different effects, think about the initial intention of the design, reflect the excellence of excellence, reflect the excellence of excellence. The craftsmanship.

Learn special styling methods such as weaving methods, winding methods, and punching methods. Try to make small samples of fabrics. Based on groups, small samples of fabrics, design creative styles, encourage mix or match or combine Chinese traditional elements, and use different design thinking in many aspects of radiation design creativity[6]. Expand the creative thinking.

### **3. Curriculum Teaching Exploration in The Context of Cultural Self-Confidence**

#### **3.1. Information Is a Carrier, Looking for Cultural Self-confidence Points, And Improving Comprehensive Design Capabilities**

The media website with the Internet as the main information exchange method provides a large number of outstanding designer works to guide students to make full use of Internet information resources, learn a large number of outstanding design works of predecessors, learn from classic design points, pay attention to, extract, and transform design points. And expand design, finally exercise students' design ability, improve students' design level, and gradually form their own design style in learning practice.

In the design of the three-dimensional styling chapter of the dress, the main line of creative cheongsam dress design is the soul, the beauty of the rhythm, the beauty of the lines, and the beauty of the style of the national cheongsam. Complete the series of cheongsam dresses. Finally, with the theme of cheongsam, the evaluation of groups and groups, exchanging students' understanding of cheongsam, and internalization of internalization.

#### **3.2. Exhibition of Creative Traditional Style Cases, Accumulate Curriculum Characteristics**

The style is the basis of the "S three-dimensional cutting of clothing". The design beauty and structure of the style are directly related to the integrity of the curriculum content and the rationality of the knowledge structure. Good styles can improve students' enthusiasm and interest in learning.

According to the clothing category, the main content of the "S three-dimensional Cutting" is a variety of styling methods and techniques. It is mainly divided into basic operations, the

formula of the skirt, the layout of the trousers, the creative creativity of the prototype top, the formation of the leader's tailoring, the creative creativity of the top, the creative creativity of the dress, and the creativity of the dress[7]. Among them, prototype tops, tops, dresses, dresses, and dress modeling creativity are the focus of the curriculum, and it is also a prominent point design design. In terms of style and creativity, it can be more combined with details with Chinese elements, such as the design of the placket, the design of the stand-up collar, and the design of the collar, and the design of the collar, and the design of the collar. The design of the plate buckle can also adopt the combination of the Chinese and Western-style clothing to integrate the characteristics of Chinese and Western clothing. The design has both Western style characteristics and contains clothing shapes with hidden Chinese elements. Essence

#### **3.3. Skills Contest Mode Assistance Teaching**

In national and provincial competitions such as various clothing design and craftsmanship competitions, version of the modeling contest, college student fashion week, the design and three-dimensional shape of clothing style are important parts of the competition, and it is also an important basic process for subsequent design and production. Among them, of which Many design intentions are novel, unique in style, clever structure, and style characteristics with typical characteristics. During the teaching process of the "Clipping of Costume", a large number of previous competition works were displayed, and consciously selected outstanding works in previous competitions as teaching cases, conducting style analysis and modeling, and adopted a group structure[8]. Some guide students to carry out a series of style design and let students make finished products, so as to strengthen the professional skills of students and maintain their correlation with the current competition. Select some outstanding students. The spare time guides the students in the way of one area, and conducts the training of the competition project for the content of the competition project, leads students to participate in various types of skills competitions, and practice with the competition to enhance students' practical ability[9]. After the training methods of the competition, students have a qualitative leap in design thinking, competition process, skills practical exercises, etc., especially students who participated in the skill competition are not only the improvement of design thinking and the improvement of their hands-on ability. They are in them. They are in. The characteristics of characteristic structural analysis and style expression, the characteristics of clothing materials, the expression of design themes, especially the pursuit of the spirit of excellent craftsmanship, etc. have a deeper understanding.

#### **3.4. Class Exhibition to Promote Student Exchanges**

Course exhibition is an important display form for art design courses. It also provides an important communication platform for the results of the curriculum. The "Clipping of Clothing" course will be selected for excellent students' works in the training room after the course of course. Before the exhibition, students' learning motivation increased, repeatedly modified their works, strived for perfection, and showed a down-to-earth learning attitude. During the exhibition, students observed their works and exchanged their creative experiences, promoted the continuous

communication and exploration of students, and improved their self-confidence and learning motivation. It also prompts students to re-examine their works in exchanges, from creative intentions to styling performance, to details, students sometimes appear in the exhibition to modify the work. After the exhibition, some students will make the work of making tailors into a garment. While exercising the ability to make the styling, they also exercise the ability of the student version processing and sewing process.

Through class exhibitions, students can stimulate students' down-to-earth learning attitudes, and they can be modest and cautious about the teachers, the style of not being impatient, and the creative spirit of meticulous and excellent pursuit of the works.

### **3.5. Comprehensively Assist Teaching Resources to Expand the Students' Vision**

Effectively using extracurricular expansion resources can effectively improve students' learning interest, expand student design vision, and enhance students' design thinking. At present, the teaching resources that students in the school can apply mainly include online course platforms, online design websites, offline libraries, and graduation season. Graduation exhibitions and other resources.

#### **3.5.1. Online Teaching Resources**

The "Internet+Education" produces MOOC large-scale open online curriculum platforms. The content covers the teaching resources of thousands of majors and thousands of majors[10]. Students can start learning by registering accounts. Confidited professional knowledge exercises and group discussions, etc., is an important way for amateur enthusiasts and professional students to improve their professional ability.

In addition, excellent design websites at home and abroad have also provided students with a lot of rich design resources. Design resources such as many types of material networks, design consulting such as Diexun.com, VOGUE, Modern clothing network and many other design platforms and websites. Students' inspirational excavation, use of design resources, and re-design provides a large number of first-hand and second-hand resources, which provides students with excellent design information for students.

#### **3.5.2. Offline Library Resources**

The school library will set up professional books, fashion magazines, etc. according to the school set up a professional book, fashion magazine, etc., and there are many professional books and categories in clothing. For students to develop their horizons and expand their professional knowledge, they all have their important role.

#### **3.5.3. Graduate Exhibition Resources in Colleges and Universities**

At present, there are many universities with design majors in various provinces. Graduation design static display is the main form of a graduation exhibition in design majors, and it is also an important way to enhance the professional influence. The design is connected. The interior design, industrial design, environmental art design, advertising packaging design, poster design, clothing design and other large graduation design works are displayed to students with a wealth of design vision. Organize students to carry out exhibitions of work in the graduation season, make good use of exhibition resources, absorb the excellent design of brothers and sisters, stand on the shoulders of their predecessors, and make students design

more distinctive design works.

## **4. Teaching Results**

### **4.1. Curriculum Teaching Attaches Great Importance to Ideological and Political Design, Integrates China's Excellent Traditional Culture Design, Strengthen Cooperation Awareness, And Internalized Student Craftsmanship.**

In curriculum teaching, it runs through China's excellent traditional costumes, Chinese excellent traditional culture and craft design, enhance students' national consciousness and patriotic spirit, and conveys to students in the form of style creation and design creation. The teamwork awareness at the work and the spirit of the craftsmanship of "excellence" enable the team awareness and craftsmanship to deeply penetrate the students' hearts and complete the inheritance of the spiritual spirit of China.

### **4.2. Do Not Break, And the Training of Students' Innovative Thinking Can Be Strengthened.**

The Course of Clothing Cases is an important course with dual properties with design functions and version of the function of clothing structure and design function. The three-dimensional shape of the dress requires students' creative thinking. Therefore, in teaching, give students more. Display the works of design masters, especially the traditional Chinese clothing and the beauty of rhythm and structure in traditional Chinese art. Students use creative thinking to create, break the inherent thinking, and create more and more beautiful works.

### **4.3. Students' Abilities Have Improved Extra-Curricular Practical Ability**

After class operation training, students' analysis styles are becoming more detailed, and their tailoring methods are becoming more and more proficient. Through group collaboration, students can make an analysis of various types of dress styles to achieve "one-to-three"; many students have entered the cooperation order class of school-enterprise and enterprises through selection of well-known clothing enterprises. Students' skills have been steadily improved. More students have obtained clothing design, clothing and versions of clothing and equipment. Wait for internship opportunities. Students have won many awards in college students Fashion Week, Provincial Skills Competition, and National Skills Competition.

### **4.4. The Combination of The Course Match Improves Students' Professionalism.**

Combined with the training content of the provincial national skills competition competition in combination with clothing design and craftsmanship, in the course, he consciously integrates the spirit of craftsmen who excels the contest into the course, and the internalized students are lean to the craftsman's spirit. Encourage students to participate in the approval of relevant skills level certificates, strengthen students' professional skills, and enrich the professional connotation of students.

#### 4.5. The Comprehensive Literacy of Students Is Improved

Through practical training, students have strengthened their awareness of teamwork, and their self-requirements are becoming more and more strict; they perform more honest and responsible in life; they have won many honors in various design competitions, and they fully show their hardships and hard work during the competition.

### 5. Summary

In the teaching of clothing professional courses, as the core skill course, "S three-dimensional Cutting" course is a powerful supplement to the graphic structure, and it is also an important means of three-dimensional shapes of clothing style. Relying on the background of cultural self-confidence, combining innovative courses and politics, this course Create innovation exploration and use the various resources unique to the Internet era to conduct innovative teaching exploration. It is an important way to improve professional talents and improve professional connotation.

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