# Analysis of the Strategies and Methods of Applying Appreciation Education in Class Management

Jing Li

Yangtze University, Jingzhou, Hubei, 434000, China

**Abstract:** In the new era of quality education increasingly recognized, class management has been injected new vitality, traditional management mode of rigid, rigid management method has been unable to adapt to the development of The Times, a comprehensive analysis of the characteristics of students' physical and mental development and cognition, take more fit class management method has become an important subject of each teacher in charge need to further study. In this context, appreciation education, as an education model that is very compatible with the development of teenagers in all aspects, is playing an increasingly important role in class management. Based on this, this paper analyzes the current situation of appreciation education in class management, finds out the root of the problem, and puts forward the improvement measures to improve appreciation education in class management.

Keywords: Class management, Appreciation of education, Current situation, Countermeasures.

### 1. Introduction

In advocating quality education today, school education should also actively change ideas, the teacher in charge teacher should not be limited to routine, simple way for class management, from the perspective of current adolescent growth environment, most of the teenagers in their spare time are keen to use electronic products, and in this way to obtain a lot of information. Compared with the previous youth group, teenagers in the new era have a broader horizon and a relatively wide range of knowledge, but the difficulty of teachers in class management also increases. The traditional class management mode has been difficult to adapt to the characteristics of the physical and mental development and cognition of teenagers in the new era, so improving the class management method is an important work problem for each head teacher to consider.

## 2. Appreciate Education Related Concepts

### 2.1. Apprecithe meaning of education

Appreciation education comes from family education. It is an educational phenomenon in which parents teach their children to achieve 100% when learning basic skills such as walking and speaking. The core of this educational phenomenon includes three aspects, namely, admitting differences, allowing failure, and infinite love. In essence, appreciation education expresses the respect for the law of life, and is also a good way to improve the utilitarian mentality of family education. But appreciation education is not parents to praise and encourage children without principle, but need parents to appreciate the results of children's behavior, in order to strengthen the children's behavior. The process of implementing appreciation education is actually the process of appreciating children's behavior, and stimulate children's interest and motivation by appreciation, and at the same time create an environment for children, so as to make them clear the direction of future development. In addition, appreciation education needs more appropriate reminder, in

order to enhance the child's psychological experience, to correct their improper behavior. In the background of appreciation education is increasingly recognized, it is not only more widely used in the field of family education, but also penetrated into the field of school education. For the head teacher, the class is equivalent to the big family, and the new era also needs to constantly optimize the management strategy of the class. Excluding the lagging content in the traditional class management mode, integrating various new teaching strategies such as appreciation education into the class management concept has become the key topic that the class teachers need to pay attention to in the new era.

## 2.2. Apply the necessity of appreciation education in the class management work

#### 2.2.1. Youth state of mind needs appreciation education

Most students are eager to get the appreciation of teachers. For students, they not only need teachers to instill knowledge, but also needs the care of teachers. Teachers 'appreciation is the main comfort of most students' spiritual world. Since middle school students have not yet formed a mature outlook on life and values, they are like "crossing the river by feeling the stones" in their behavior. Their own evaluation is often accompanied by a strong subjective consciousness, which will be influenced by others to a great extent. Teachers' appreciation can make students clear what is right and what is wrong, no longer easily evaluated by others, and then help students build confidence, so that they can see things correctly, cultivate their positive outlook on life and values, guide them to face up to their own behavior.

### 2.2.2. The quality of youth will needs appreciation and education

In the new era, due to the continuous improvement of social living standards, teenagers can enjoy relatively favorable material conditions in the process of growing up. At the present stage, most students have a higher status in family life and generally grow up in the family atmosphere like "the stars and the moon". This environment leads to the overall will quality of teenagers is relatively not ideal, especially in the face of difficulties, more and more teenagers choose to retreat and avoid. After observing teenagers for a period of time, it is

not difficult to find that the traditional criticism and preaching education can play a decreasing role, and even counterproductive. Teenagers in the new era are often more willing to get affirmation, and praise and encouragement can stimulate their morale. In view of this situation, the head teacher needs to update his own management concept in time, actively apply appreciation education in the process of managing the class, put the advantages of college students, help them build confidence through appropriate praise and encouragement, and constantly optimize their own will and quality.

# 3. Analysis of the Current Situation of Appreciation Education in Class Management

## 3.1. The atmosphere of school appreciation for education is insufficient

For school class management, the quality of educational atmosphere directly affects the school spirit and class style of the whole school. If the school pays attention to creating a positive, warm, friendly and harmonious atmosphere in the campus, then appreciation education can be carried out efficiently. However, the present many schools did not really realize the necessity of implementing appreciation education, embodied in two aspects: on the one hand, many schools have been a serious, rigorous school spirit as the tenet, when students made a mistake, the school does not pay attention to the real psychological needs, blindly criticism or punishment as a means of education, cannot reach the expected educational effect. There is also a lack of appreciation education training for teachers, which makes a large number of rigid management exist and affects the implementation of appreciation education in class management. On the other hand, the school class management system is rigid and lacks the content of appreciation education. The formulation of many schools 'management system is only to maintain the normal development of school education and teaching activities, and does not make detailed provisions for the development of appreciation education, so it cannot stimulate teachers' passion for work, let alone stimulate students' initiative and creativity in learning.

## 3.2. The method of appreciation education is single

In the compulsory education stage, each class will appear very few "problem" students. Although many homeroom teachers recognize the significance of education, and have paid a lot of efforts and actions in this respect, constantly adjust the way of communication with students, but there are still some teachers due to the lack of class management experience, adopt relatively single education methods. When students make learning or ideological and moral progress, they always like language appreciation, which often say some "you are good" "refueling", "keep" and other words, because these words are often applied to various occasions, various activities, students will feel the teacher's praise and motivation is very perfunctory, will be tired. When every student who does the right thing hears the same sentence "you are great", some students will not look forward to and surprise the teacher's encouragement and praise. Students are in the habit, personality, the key stage of independent personality formation, they hope themselves in the teacher's impression is unique, which determines the appreciation of the teacher in charge teacher of education is not the same, or will make the students feel the teacher to their encouragement is not from the heart, so teachers should adopt diversified education evaluation strategy, to mobilize students to study attentively, work attentively, good life enthusiasm.

## 3.3. Appreciation education lacks the penetration in the class management content

Due to the serious pattern of traditional class management procedures, appreciation education lacks penetration in the class management content. On the one hand, when formulating the class management content, schools always focus on students' learning and daily class discipline. The class management content lacks emotional education, incentive education and appreciation education elements, which always leads to a certain gap between students and teachers. Although some students appear very clever and obedient on the surface, their deep sense of resistance is very strong and they can not use their main energy on study. The lack of penetration of appreciation education in the class management content also leads to the head teacher's attention to the students' appreciation education, which seriously restricts the formation of correct outlook on life and values.

# 4. Analysis of the Causes of The Problems of Appreciation Education in Class Management

### 4.1. School level

Most schools attach great importance to the class management work as the priority of teaching management, and held regular class meeting, in every meeting school leaders will emphasize the students behavior focus as the class management, also for each teacher in charge structure good next work content and process, the teacher in charge only need to according to the rules. Although this promotes the standardization and consistency of the whole school class management to a certain extent, but some systems are too detailed, ignoring the object that teachers need to manage is a fresh individual, acting according to the rules will only make the appreciation education lack of innovation and practice. Moreover, because some class management system is too detailed, teachers can only motivate students according to the content of some management rules. If anyone who violates the rules will be punished by deducting points, which makes the head teacher lose flexibility and autonomy. Over time, there will be such a phenomenon: on the surface, the class assessment results are good, but the class students do not recognize it, which makes the teachers fall into a more and more passive position in the class management.

### 4.2. The teacher level

First of all, some schools to the new head teacher training, mainly to let them follow the older head teacher learning. It is undeniable that some older head teachers are old and principled in the implementation of appreciation education in class management, and show great personal charm in the student group. However, with the development of The Times and the deepening of the new curriculum reform, students' learning needs increasingly personalized, the teachers in appreciation education thinking judgment, easy to previous

cognition, concept of dealing with the current things, appreciation education is not according to the personalized characteristics of students, old teachers easy to use their anticipation to students to influence the new teacher in charge of class management. If the new head teacher is fully accepted and implemented, then it will also attract student dissatisfaction. Secondly, when some teachers carry out appreciation education, they only encourage and praise students 'daily sexual behavior, and do not conduct dynamic analysis of students' learning attitude, learning ability, psychological quality and moral quality, but only evaluate students according to their academic performance. When students fight, skip class and other behaviors, teachers do not communicate with students carefully in the first time, understand the reasons behind their behavior, but just criticize them. Finally, in some lectures involving appreciation education, the head teacher only in an expert to speak some of the appreciation education cases, failed to use those cases in time. Therefore, only by improving the personal quality of the head teacher, can we ensure the smooth implementation of appreciation education in the class management.

#### 4.3. Student level

Middle school students are in the period of rapid development of logical thinking and rational thinking, and their psychology is in a state of "turbulence". Although they will be exposed to all kinds of things, they still lack certain judgment of good and evil, beauty and ugliness, good and bad. Some students completely follow their own feelings, taking "whether others obey my meaning" as the only criterion for good and evil, beauty and ugliness, good and bad, so that when their wrong thoughts and behaviors are criticized by teachers, they will have resistance and boredom, often showing "oral heart". This situation aggravates the difficulty of class management, and it is urgent for teachers to establish a deep trust relationship between teachers and students through various methods. At the same time, the middle school students' intelligence, innovative thinking ability also in rapid development, they will be interested in all kinds of new things, but really begin to do easily differ, halfway, they also often put some unrealistic fantasy as the goal of life and learning, in order to meet the needs of individuals to contradict teachers or parents. This requires teachers to listen to children's aspirations carefully when carrying out appreciation education, timely give them help and encouragement, and help students to correct the wrong thought and behavior.

### 5. Improvement Measures and Strategies to Improve Appreciation Education in Class Management

## 5.1. Schools should strive to create an atmosphere of appreciation for education

First of all, the school should make full use of the school's official website, school newspaper, public account, bulletin board and publicity board to praise the students who perform well in a certain aspect, and establish advanced individuals in class management in appreciation education in the teacher group. Should also be regularly held in campus to appreciate education as the theme of education activities or often held in the class appreciation education theme class meeting, and regularly borrow the opportunity to teachers, students, parents spread the appreciation education idea, and also invite outside

teachers or appreciation education experts enrolled exchange implement appreciation education successful cases, to enrich and improve the school appreciation education idea and way. Secondly, we should make the management mechanism of the head teacher with the appreciation education idea. The specific approach is that the school should reform some rigid systems that affect the efficiency of class management by promoting the growth of class teachers. The school should give full play to the autonomy of the head teacher in the class management, that is, let the head teacher participate in the compilation, resolution and implementation of the class management system. The school leaders should seize the shining point of the head teacher in the implementation of appreciation education and give them the most sincere evaluation. Finally, the school should set up the student evaluation system, first through the questionnaire survey and other ways to understand the class management concept and mode, and then choose a public place to "the most satisfied with the class teacher" evaluation, so that the head teacher in the appreciation of education subjective initiative to give full play.

## **5.2.** Choose diversified appreciation ways to mobilize the enthusiasm of students

Although language appreciation is one of the simplest ways of appreciation education, it allows them to quickly find the passion to study well and do things well. But blindly use language appreciation, will inevitably make students feel "false" or "not sincere", so teachers should adopt a variety of appreciation ways to let the students most directly feel the teacher to their recognition and praise. First of all, teachers can prepare some small prizes as rewards for outstanding students, such as erasers, notebooks, stationery, etc. Although these prizes are not expensive, but enough to internalize "appreciation" in the hearts of students. Secondly, teachers can regularly select "Learning Star", "polite star" and "Labor star" in the class, and give good students the corresponding honorary title. Finally, teachers can also start from the individual differences of students, and use different appreciation education methods for students at different levels. For the top students, Teachers should appreciate them in the overall environment of the class group, The way of education should be based on the language of encouragement and praise, So as to strengthen their team spirit and collective sense of honor; Appreciation education for secondary students, Teachers should pay more attention to the valuable qualities and interests of these students, Through language, facial expressions, gestures and other ways to give them advice and encouragement; In terms of appreciation education for students with learning difficulties, Teachers should create more opportunities for these students to show themselves, Let them feel that they can shine and heat up in the class. The head teacher should make these students regain their confidence through various educational methods. Only in this way can appreciation education be closer to the hearts of students.

## 5.3. Let the parents participate in the appreciation education in the class management

In order to achieve substantial results in appreciation education in class management, teachers and parents must make it clear that the implementation of appreciation education cannot be achieved overnight, and parents and teachers need to shoulder the heavy responsibility of educating people together. In life, many parents put the responsibility of managing their children to teachers. On weekdays, they will only put more spiritual pressure on their children, do not pay attention to the reasons for students 'poor performance, and will only criticize their children because of one thing, which will hurt their children's self-esteem and ambition. There are also some parents always like to "other children how excellent" hang in the mouth, think this is also a kind of appreciation education, unexpectedly make the child produced a strong rebellious psychology, deliberately show close to the "bad children" extreme behavior. When children's performance in learning is not satisfactory, parents should not blindly blame their children, but also should find reasons from their own reasons. Parents should stand in the children's perspective to reflect on their own way to deal with their problems is appropriate, try to understand their behavior, when children do wrong, parents should be the first time with children a heart-to-heart communication, help children to comb the knot and find a solution to the problem. In addition, as a head teacher, we should regularly communicate with parents on appreciation education in class management through public accounts, communities, social accounts, etc., so as to guide parents to learn to respect and understand their children, and jointly create a learning and living atmosphere full of true feelings and love for our children.

## 5.4. Establish a study file to appreciate each student

Since each student in the class has different personalities, learning ability and learning needs, he wants to infiltrate the appreciation education into the class management content in a short period of time. The best solution is to establish a learning file for each student. In short, learning files are the files of students' performance in school. Only by taking learning files as the main content of appreciation education, can we effectively improve the efficiency of class management. In the process of implementation, the head teacher can use artificial intelligence and other modern technologies to establish digital learning files for each student, which are mainly used to record the progress and shortcomings of students. If any student performs very well in one aspect and brings a sense of honor to the class, the teacher should focus on recording, and give them more opportunities to display their talents in daily teaching and

management. When students can not do, teachers should also record it in the students' learning files. If they get rid of a bad habit or shortcomings, teachers should give timely give encouragement and support, and finally promote this part of students to form a good habit of correcting mistakes. In addition, under the background of the increasing development of information technology, the head teacher can also use the we-media platform or online teaching platform to give public praise to the excellent students in a certain stage, so as to maximize the management effect of the class. epilogue Appreciation education conforms to the requirements of quality education and the "double reduction" policy, and reflects the full care, understanding and support of schools, teachers and parents for students. Compared with the traditional management mode, appreciation education is a people-oriented management mode. When teachers implement appreciation education in class management, they should pay attention to the pertinacity and purpose of appreciation education, constantly enrich the ways and content of appreciation education, and make appreciation education cover the whole class as far as possible.

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