

Research on Student Self-education in Universities and Colleges

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Abstract: Through the analysis of self-education concepts and characteristics, the article analyzes the necessity of self-education from the essence of self-education, the level of students' physical and mental development, and school's educational goals. Educational ability, playing teachers' dominance, creating a good self-education atmosphere, etc. to strengthen students' self-education and cultivation.

Keywords: Self-education; School; Moral Education; Educational Ability; Self-education Atmosphere.

1. Introduction

In the book "The Intellectuals of the Future", Alvin Toffle pointed out that the illiterate of the future society is not an illiterate person, but a person who does not learn to learn and educates himself. Self-learning will become the main form of learning. Self-education is also. It will become the main way for education. As early as 1972, the Education Report of the International Education Development Commission of the United Nations Education Organization "Learning to Survival -Today's Education World" proposed: "Future schools must turn the objects of education into their own subjects. People must be a person who educates himself; other people's education must be the own education of this person. "Suhomlinsky also put forward the famous argument that" only self-education is the real education ". In the new era, knowledge updates have continued to accelerate, social division of labor is more refined, and new technologies, new models, and new formats have emerged endlessly. While providing a broad stage for young people to show their talents and competition, they also put forward higher requirements for the quality of young people. Active self-education will be the necessary for young students to deal with future challenges and the development of the times.

2. The Connotation and Characteristics of Self-education

2.1. Connotation of Self-education

Regarding self-education, there are many classic explanations abroad. For example, the ancient Greek philosopher Socrates believes that the self-education law is a law and a hint. Plato believes that the process of learning is to restore our inherent knowledge. Since modern times, Qumenez has proposed the "extensive theory" of self-education, emphasizing the importance of self-education in moral training methods. Locke, Spencer, Piager, Suhomlinsky, etc. have all studied and practiced self-education. Soviet educator Suhomlinski even believes that "the concept of education is the unity of collective education and personal education in a broad sense; and in the education of individuals, self-education is the way to play a dominant role. One. Only by learning self-education can it become a real person. [1]

The domestic research on self-education concepts mainly focus on the following three aspects: one view is that self-

education is to work hard and automatically educate. Like the "Chinese Education Dictionary", the definition of the concept of self-education believes: "Self-education (self-education) has two meanings: one means that students should be guided by teachers, but all education must finally work hard. When continuing to work hard to your own education. "The second point of view believes that self-education is self-education and self-cultivation. For example, Gu Mingyuan's "Education Dictionary" believes: "Self-education is the object of moral education. You can cultivate your own good ideological and morals, overcome bad morals, and build on the basis of self-consciousness. The transformation and behavioral control of the moral cultivation is a manifestation of moral cultivation. "There is also a view that self-education is subjective efforts and self-control. It is believed that self-education "is the impact of the subjective initiative of the educated person on self-development. It includes self-knowledge, self-adaptation, self-transformation, self-feedback, self-control, etc. Intelligence, emotion and spirit, etc., develop in the direction of individualization and social integration. "

The point of view of this article believes that self-education refers to the purpose of students who take themselves as the objects of understanding, restraint, regulation, and transformation according to the needs of social development or the requirements of school education or their own goals. Consciously move.

2.2. Features of Self-Education

The unity of the main object of education based on independent personality is the fundamental characteristics of self-education. Self-education is the unity of the main person of education based on independent personality. Self-education, as a practical activity of human society, also has certain subjects and objects. In general education, the educated people are always in a object of object, and they can only be passive to educational content. Self-education is different from ordinary education. In self-education, self-education is both an educator and a educated person. He independently proposes goals, selects content methods independently, practiced independently, accepted education independently, promotes self-development, and enables education. The subject and object are completely unified. Not only makes people gain knowledge and ability, but also truly turns knowledge into their own quality, making individuals truly become a person with independent personality.

Adaptation to the development of self -education in the times is the fundamental motivation of self -education. Different societies and times, different regional environments, and factors that affect people's development (i.e., self -education content) are also different. Even in the same period, the factors that affect people's development are complex and changeable. There are both positive effects and negative effects; both have explicit effects and impact effects; they have material effects and spiritual influence. Under the guidance of the mainstream moral norms system and moral value goals of the mainstream of society, the subject can conduct different choices of educational content in accordance with their own development needs, and can be guided by the mainstream value specifications of society. Choosing is beneficial to society. Moral self -education content required by social norms.

The behavior consciousness of the digital era is the fundamental guarantee of self -education. The digital era provides more convenient platforms and space for self -education. But the process of self -education is a complex dynamic process, a process of constant understanding, practice, and transformation. This process consciously put forward higher requirements for the self -discipline and behavior of the subject of education. It is required that self -educators must have a strong will, be able to consciously eliminate interference, actively regulate their own psychological and behaviors, and maintain high enthusiasm for self -education. When subjective and objective conditions change, they should also control their own self -regulation to ensure that self -education can always be able as one, persist to the end.

3. The Necessity of Self-education

Only when he really realizes that he needs to make him better and more complete in his heart, can he truly educate himself in a true sense. The reason why we emphasize self -education is mainly to determine the nature of morality, the level of students' physical and mental development, and the goals of school moral education.

3.1. From the Essence of Morality

The essence of self -education is to educate themselves. Individuals (groups) play the role of "educator" and "educated" while self -education. Self -education not only requires the main body to have a certain self -regulation ability, but also has a certain spirit of self -discipline. The essence of moral self -discipline determines that the subjective moral education will inevitably move towards moral self -education. Morality is inseparable from the spirit of self -discipline. To improve the moral level of students, we must pay attention to the education of students 'moral self -discipline and improve the ability of students' self -discipline.

3.2. From the Perspective of the Students' Own Development Level

The needs of students are the cause and end motivation of self -education. The needs of people are closely connected with their actions. In addition to the corresponding understanding and ability to guide and guarantee a action, there must be internal needs to be promoted, guided, and maintained. Promoting, then people will not take the initiative to educate themselves, and there is no self -education to talk about. From the perspective of students' cognitive ability, the

cognitive ability of college students has reached the level of adults, abstract logical thinking ability and theoretical thinking ability, independent thinking ability, and critical choice ability have continued to increase, which Capability provides prerequisites.

3.3. From the School's Educational Goals

Self -education is the fundamental manifestation of achieving the goal of teaching and educating people in colleges and universities. Modern school education is mainly to cultivate students' initiative and consciousness to achieve the state of education of "governing". And this most ideal goal is to achieve it through the self -education of college students. Self -education can turn preaching in the traditional sense into a kind of behavior of college students, so as to regulate the moral behavior of social requirements into students' behavioral habits and personal quality.

3.4. From the Development of the Times

In the new era, there are new requirements for self -education. College students in the new era have not only had better growth opportunities and platforms, but also faced more pressure and challenges. They worked hard to find out of self -growth in the "inner volume", but also had the confusion and confusion of whether they had to "lie down". Coupled with the influence of students 'physical and mental state during the post -epidemic period, how to effectively carry out self -education among these student groups, cultivate students' dreams and down -to -earth, dare to think about the excellent quality of being good, and strengthen the self -education of students.

4. Methods and Paths to Cultivate Students' Self-education

4.1. Cultivate Students' Self-education Awareness

Self -awareness is the prerequisite and key to self -education. Self -education is based on the differentiated subject of self -consciousness. Only when consciousness develops a certain level, not only can people know and reflect the objective world, but also use themselves as the object of cognition and response. Divide myself into the subject and the object, the ideal me and the reality, can we build my own internal world. Only at this time, I talked about self -education. However, in real life, not all people have clear and strong self -awareness. Therefore, in the process of self -education, on the one hand, it is necessary to make students realize that they should be a positive movement in the process of education. During the education process Guide students to understand themselves correctly, form a correct and objective development plan, enhance self -education awareness, and consciously carry out self -reflection, self -regulation, self -control and self -improvement.

4.2. Improve Students' Self -education Ability

Self -education ability is the basic guarantee of self -education. Suhomlinsky believes that "as long as students can stimulate students to educate themselves, it is the real education" [2]. Self -education is the highest form of education and the only way for the socialization of contemporary people. The development of the times has become higher and higher, and continuous self -education has become a need for individuals to adapt to social development.

"Self-education ability is the core of self-education", [3] It is a complete combination of multiple abilities that should be effective in individuals to effectively carry out self-education activities.

4.3. Strengthen Teacher Positive Education Guidance

British philosopher and educator Spencer said: "Remember your purpose of discipline is to develop a person who can work, not a person who allows others to manage." [4] This shows that school education is cultivated Individual self-education ability is also responsible. Schools should give full play to the leading role of teachers, strengthen students' education and guidance for students, stimulate students' moral cognition and emotion, enhance students' moral will, strengthen students' moral practice, improve students' moral judgment and evaluation ability, form the correct self-self of students Education concept.

4.4. Create a Good Atmosphere of Self-education

Contemporary college students are in the second "breast broken period" of life. On the one hand, they pursue themselves in "rebellion", often holding skepticism and even "rebellion" to tradition, authority. Behind the other side, I hope to get recognition in the relationship between peers, and the way of behavior between peers can easily affect each other.

A good class style, school style, and harmonious interpersonal relationship play an important role in the influence of college students' personality and the formation of ideological character. Therefore, teachers must consciously cultivate a positive atmosphere of self-education among students to promote students' healthy personality. Formed, the quality of students' excellent morality is constructed through immersive education, which is conducive to the improvement of students' self-education ability.

In short, it is important to strengthen the cultivation of students' self-education ability. Educators should change the concept of education, actively explore the ways and methods of cultivating self-education ability, and create conditions in practice, guide them in a targeted guidance, and educate students to conduct self-education.

References

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