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Study on the Spirit of 100 Years of Party History Integrated into the Civic Politics of Public Physical Education Courses in Universities

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Abstract: The study and education of promoting the spirit of the great century of Party history in colleges and universities is an important measure to establish a correct view of Party history and implement the fundamental task of establishing moral education, and it is also an inherent requirement to enhance the Party spirit of teachers and students in colleges and universities. The teaching of public physical education courses in colleges and universities has the characteristics of participation of all students and physical and mental health through physical education, which can implement the spirit of the great centennial party history into the process of course learning of college students and is also an important element for the discovery of the ideology of college courses.

Keywords: Party History; Public Sports; Curriculum Thinking and Politics; Innovation.

1. Introduction

In his important speech at the conference celebrating the 100th anniversary of the founding of the Communist Party of China, General Secretary Xi Jinping emphasized, "One hundred years ago, the pioneers of the Communist Party of China created the Communist Party of China and formed the great founding spirit of adhering to the truth and holding fast to the ideal, practicing the original intention and assuming the mission, not being afraid of sacrifice and heroic struggle, being loyal to the Party and living up to the people, which is the spirit of the Communist Party of China This is the source of the spirit of the Chinese Communist Party." [1] The spirit of the great century of Party history is the most valuable spiritual pillar and spiritual wealth of the Communist Party of China and the Chinese people. Schools can not only enrich the content of physical education but also inculcate students by infiltrating the great founding spirit of the Communist Party of China into the construction of the Civic Government of Physical Education curriculum. Through practical practice, schools can make students have an intuitive understanding of the spirit of 100 years of party history and promote the synergistic development of their knowledge, feelings, thoughts and actions.

2. Value Logic of Integrating the Spirit of 100 Years of Party History into the Civic Government of Public Physical Education Courses in Colleges and Universities

2.1. It is Conducive to the Establishment of Correct View of Party History by Teachers and Students

Establishing a correct view of party history is a prerequisite for carrying out study and education. "If the historical outlook is wrong, it will not only fail to achieve the purpose of learning and education, but also go south and go into the wrong direction." [2] As early as the Yan'an rectification period, Comrade Mao Zedong pointed out, "If we do not make clear the history of the Party and the path the Party has taken in history, we cannot do things better." [3] However, there are some wrong tendencies that need to be alerted, such as exaggerating the mistakes and twists in the Party history, smearing and distorting the Party history and attacking the Party leadership; some deliberately linking the Party history events with the real problems and malicious speculation; some do not believe in the proper history and believe in the wild history, vulgarizing and entertaining the Party history, eagerly spreading gossip and anecdotes, and relishing the illegal foreign publications. For this reason, when universities carry out the study and education of Party history, they should guide the teachers and students to establish the materialistic view of history and correct view of Party history, understand and grasp the major events, important figures and major issues in Party history in a realistic, fair and objective way, establish firm ideals and beliefs of Marxism and communism, cultivate patriotic feelings and cultivate the sense of responsibility of the times.

2.2. It is Conducive to the Implementation of the Fundamental Task of Establishing Moral Education in Colleges and Universities

The purpose of "establishing morality" is to educate students to establish "great morality", just like the noble spirit of the pioneers of the Communist Party of China who had the great plan of the nation and the great work of the people in mind and were not afraid of sacrifice and heroic struggle; "cultivating people " is to cultivate the new man of the age who can assume the great responsibility of national rejuvenation, and the socialist builders and successors who can develop morally, intellectually, physically and aesthetically [4]. Deep understanding of the Communist Party of China and socialism with Chinese characteristics line and good and other major theoretical issues, to implement the fundamental task of moral education to provide a strong

theoretical basis. To this end, the study and education of the spirit of party history in colleges and universities should inspire young students to learn and understand history from the red gene, nourish college students to enhance cultural self-confidence with the spirit of party history, guide college students to uphold noble virtues from the power of role models , drive college students to practice from the call of the times, and consciously integrate patriotic feelings into the struggle to build a strong socialist modern country and achieve the great rejuvenation of the Chinese nation.

2.3. It is Conducive to Enhancing the Consciousness of Teachers and Students in Colleges and Universities

The university has made some achievements in strengthening the strict governance of the party and promoting the construction of the party, but some problems still exist, such as the political judgment, political comprehension and political execution of some party members and cadres still need to be improved, especially the implementation of the main responsibility of the strict governance of the party "hot at the top, warm at the middle and cold at the bottom" phenomenon still exists to a certain extent. The unhealthy wind and "micro-corruption" that harm the interests of teachers and students still occur [5]. Colleges and universities must take the great party building spirit as an opportunity to lead party history study and education, promote the normalization and long-term effect of party history study and education, adhere to the deep integration of party history study and education with the central work of colleges and universities, effectively transform firm ideals and beliefs into cohesive force to promote work, continuously improve the fighting power of grass-roots party organizations in colleges and universities, and promote the quality and efficiency of party building work in colleges and universities.

3. The Inevitability of Presenting the Value of Thinking Politics in Public Physical Education Courses in Colleges and Universities in the Spirit of 100 Years of Party History

The main purpose of higher education is to cultivate talents with comprehensive development of moral, intellectual, physical, aesthetic and labor for the society. Moral education is the most important part of quality education, which should be carried out in the teaching of all disciplines. [5] As a part of higher education, the main goal of public physical education course is for physical education teachers to promote the healthy development of students' body and mind through scientific and effective teaching methods, and to cultivate students to form good ideological and moral cultivation and sports moral spirit. Therefore, the integration of curriculum ideological education into physical education in colleges and universities has an important educational value for students. Although other disciplines can also be infiltrated with moral education, physical education discipline has its special characteristics. The most significant difference between physical education and other disciplines is that physical education teachers can make timely and targeted verbal guidance to students according to their words, behaviors and habits, and through personal participation in moral education for students, cultivate their personal character and promote their all-round development.

3.1. A Century of Party History Spirit Learning to Improve the Style of Teachers and Ideological and Political Quality, to Help the Curriculum Thinking Political

The moral quality, spirituality and professionalism of teachers will have a direct impact on the growth and success of students, and are an important force in promoting Party history learning and education in a deep and practical way. On the one hand, teachers can strengthen their ideals and beliefs and sharpen their spiritual character through the study of Party history. To guide teachers to establish correct academic ideals, adhere to the unity of academic and political, "deal with the dialectical relationship between 'knowledge' and 'virtue', 'knowledge ' should contribute to the understanding of 'virtue' and 'knowledge' should serve the cultivation of 'virtue', because 'virtue ' is the true knowledge." [6] With firm belief in the truth, value sentiment for the people and responsibility for the country, the academic ideal is linked to the cause of the Party, the people and the country. On the other hand, educational and practical activities such as field visits to Party history learning bases and social surveys to deepen Party history research can strengthen teachers' accurate grasp of the essence of the great founding spirit in a subtle way and help forge a team of teachers with ideals and beliefs, moral sentiments, solid knowledge and benevolent hearts, so that the teaching staff can become active promoters of Party history transmission in the education front.

3.2. Centennial Party History Spirit Learning into the Teaching of Civics and Political Science of College Physical Education Courses to Improve Teaching Quality

Civics course is the key course to implement the fundamental task of establishing moral education. On the one hand, the teachers of Civic Science course should accurately grasp the scientific connotation of the spirit of the great century of Party history, closely combine the characteristics of the course with the law of individual cognitive development, clarify the theoretical logic of the spirit of the great century of Party history, firmly establish the ideals and beliefs of college students with advanced theoretical innovations, cultivate the spirit of commitment of college students, shape the tenacity of college students, and guide the value pursuit of college students. On the other hand, the Civic Science course should be innovative in the form of teaching, the introduction of practical teaching forms to enhance the effectiveness of education. Colleges and universities should actively prepare after-school practices such as "students' lecture on Civics" competition and "students' forum on current affairs", enrich students' practical activities in the form of speeches and debates, guide students to grasp the pulse of the times and the direction of life in the process of paying attention to the hot topics of current affairs, and strengthen Students are guided to grasp the pulse of the times and the direction of life, and strengthen their sense of mission and responsibility in the process of paying attention to the hot issues. Practical teaching must be closely linked with classroom teaching in order to give full play to students' subjectivity and initiative.

4. The Practical Path of Leading the Construction of College Physical Education Courses in the Spirit of Great Century Party History

The school infiltrates the spirit of 100 years of party history into the construction of the course thinking politics in physical education, which can implement the fundamental task of "establishing moral education" in school physical education in the new era, better help students "enjoy fun, enhance physical fitness, sound personality and refine will" in physical exercise, and promote students to form good moral values. "It also promotes students' core qualities such as good exercise ability, healthy behavior and sports morality, and realizes the grand goal of "Healthy China" and "Strong Sports Nation".

4.1. "Adherence and Perseverance" are Always the Main Points of Patriotic Education in College Sports Courses

In the new era, insisting on the truth and holding fast to the ideal means insisting on arming the mind, guiding the practice and promoting the work with Xi Jinping's thought of socialism with Chinese characteristics in the new era. [7] The development of school sports should firmly grasp moral education, strengthen the construction of moral education, and integrate the spirit of a century of Party history into every physical education textbook and every physical education classroom. The moral education of school sports needs the great and profound spirit of the founding of the Party as support. Adhering to the truth and holding on to ideals are the conviction and strength to move steadily forward, and establishing a sense of collective honor and personal responsibility is crucial for modern college students. In the process of college sports to carry out course Civic Science, teachers can introduce the course, red stories, and other forms to show the complete great picture of insisting on truth and holding on to ideals in the century of the founding of the Party, so that students can experience the indomitable and hardworking spirit of the Communist Party of China. And motivate them to apply this spirit to physical education learning and sports competition[8].

4.2. "Beginning Heart and Mission" is the Cornerstone to Lead the National Sentiment in the Thinking Politics of College Sports Courses

In the new era, to practice the original intention and take up the mission is to insist on combining the basic principles of Marxism with the specific social conditions of China. In the process of building the thought politics of sports curriculum, colleges and universities can infiltrate moral education in sports teaching, and teachers can explain the stories of sportsmen and women to students. In the Olympic games, every Chinese athletes shed sweat that represents their lack of regrets and left shouts and footprints that represent the honor of the country. Their mission, expressed in the cut and rivalry on the Olympic field, is also a mapping of the spirit of the Communist Party of China in practicing its original intention and taking up the mission of the centennial founding of the Party. Through such case explanation, teachers can integrate the great founding spirit of the Communist Party of China into moral education in school physical education, encourage students to consciously set up ambitious sports goals, start from themselves, start from now, constantly strengthen physical exercise and develop good sports behavior, and then promote students' continuous struggle to promote the construction of a healthy China and a strong sports country[9-10].

4.3. "Aiming High and Not Being Afraid of Hardship" is the Inner Drive in the College Sports Curriculum Thinking and Politics

The growth of the Party has gone through many difficulties and hardships, faced many life and death tests, and paid a painful price to achieve the great victory. Countless people have gone forward and backward, not afraid of hardships to change the peace today, people can not dilute the struggle spirit of courageous struggle. In school physical education, teachers should take the spirit of the tenacious struggle of the forefathers as the entry point of the thinking and politics of physical education courses. For example, when it is difficult to complete a certain sports technique and students cannot hold on, teachers can explain the heroic deeds of Chen Duxiu and Li Dazhao who met together to build the party, fought to lead the revolutionary cause and held on to their revolutionary aspirations to enrich the school-based curriculum. When offering military sports and traditional martial arts courses teachers can highlight the spirit of patriotism in the teaching sessions, so that students can actively reflect on the great spirit of 100 years of party history while bearing a certain intensity of exercise load. In addition, teachers can also inspire and sensitize students in the teaching process through subtle moral education means, prompting them to establish a strong belief of never giving up and form a good character of perseverance [11].

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