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Exploration and research on Practice Teaching System in foreign language colleges under the background of new liberal arts

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Abstract: The talent cultivation concept and goal of the new liberal arts put forward practical and integrative diversified requirements for the development of foreign language colleges, that is to say, they should not only integrate multidisciplinary knowledge but also enhance professional practical skills. This paper analyzes the problems of lack of cognition, lack of hard strength, low participation and low satisfaction in practice teaching in foreign language colleges, and discusses the reform path of practice teaching in foreign language colleges under the background of new liberal arts construction from four aspects: ability cultivation, construction of practice teaching system, improvement of evaluation system and construction of teaching staff, in order to improve the quality of practice teaching in foreign language colleges. Promote the cultivation of compound, innovative and applied foreign language talents.

Keywords: New liberal arts; Practical teaching system; Foreign language colleges.

1. Introduction

Practical teaching refers to a series of teaching activities carried out around the teaching objectives of higher education and experienced by students. Oriented by social needs, based on the local, oriented to the grassroots, for the local economic and social development services, deepening conformal development. It is an important link in college teaching, an important way to cultivate applied talents, and also an important means to promote the combination of basic theory and practical operation under the new liberal arts concept.

At present, in the reform of talent cultivation under the background of new liberal arts, the world is undergoing a great change unseen in a century, and the reform of higher education has also begun to transform from the reorganization of knowledge stock to the incremental construction of knowledge. From the perspective of the world, we will re-observe and analyze the process of China's modernization, and build a knowledge discourse system highlighting Chinese characteristics, Chinese style and Chinese style. To clarify the construction concept of the new liberal arts, take the contemporary social problems as the guide, constantly break the barriers between disciplines, carry out scientific cross integration, expand the production of knowledge and strengthen the training of talents, deepen the integration of industry and education, and realize the internal power of the reform of the practical teaching system in the current higher education.

2. Existing problems

Throughout the practice teaching situation of Chinese universities and colleges, especially foreign language schools, there is obviously a phenomenon of "emphasis on theory, light on practice", which is highlighted by poor practical ability, low innovation ability, weak social adaptation ability. The prevailing status is mainly as follows:

2.1. Certain deviation in the cognition of the importance of practical teaching

In the sequence of knowledge value of higher education, the cognition that theoretical knowledge is higher than practical knowledge often exists. In particular, foreign language colleges and universities, due to the nature of their major, lay particular emphasis on theoretical teaching, and basic knowledge occupies most of the class hours and basic teaching conditions, resulting in the lack of certain class hours and hard conditions for practical teaching.

2.2. The practice teaching strength is insufficient

In the college education module, practice teaching is one of the important means to enhance students' overall social competitiveness. At present, the construction of laboratories in foreign language colleges and universities is often a marginalized teaching place, with a serious lack of investment in funds and manpower, weak combination with modern technology, backward experimental and training conditions, low utilization rate of experimental sites, and the laboratory mainly focuses on language rooms and translation training rooms. Secondly, cooperation between foreign language colleges and off-campus practice bases is not deep enough. Unable to carry out foreign language training activities systematically and intensively, practice and training are often scattered practice, and professional positions have low relevance. The single and weak practical teaching conditions make it impossible for students to know the current industry environment and employment environment in advance, and to some extent, it affects the faster and better integration of students into society after graduation.

2.3. Students are not deeply involved in practical teaching

Practical teaching is the extension of classroom teaching, commonly known as the "second classroom". Due to the lack of hard strength of practical teaching in some colleges and

universities, insufficient objective conditions for practical teaching, and fewer hours of practical teaching in foreign language colleges, students cannot organically combine theoretical knowledge through the existing practical teaching courses, so they cannot achieve the organic transformation of knowledge, quality and ability. Currently, some discipline competitions with wide participation are mainly concentrated in science and engineering or innovation and entrepreneurship, while high-level foreign language competitions are scarce, which makes it impossible for students of foreign language institutes to compete with students of their own majors and to assess the professional level of universities in foreign language.

2.4. Students' satisfaction with practical teaching is low

Due to the influence of external and objective factors such as the place of experiment and training, the period of practice teaching, as well as the unitary design, content form and evaluation system of practice teaching, practice teaching and theory teaching fail to combine organically. Especially the lack of practical teaching guidance, the lack of course assessment and supervision mechanism, the evaluation system is not perfect. Due to various reasons, teachers in colleges and universities professional contact less actual time and experience, the lack of a certain enterprise, industry background, the practice of teachers' ability cannot get exercise and improve , not fit for practice teaching of teaching. The lack of teachers' practical teaching ability coupled with the imperfect conditions in all aspects of practical teaching lead to students' poor learning attitude towards practical teaching and low satisfaction.

From the perspective of training innovative applied talents in line with social needs, this paper summarizes and analyzes the problems existing in the practical teaching system of foreign language colleges, conducts multi-dimensional and multi-level research on the interdisciplinary construction, the combination of virtual and real, and the integration of production and teaching in the construction of new liberal arts, and explores the path of the construction and reform of the practical teaching system of foreign language colleges under the background of new liberal arts.

3. Research method

3.1. Investigation method

To investigate the current situation of practical teaching system for training applied talents under the background of new liberal arts. The investigation method and literature data method are adopted to investigate and research the domestic liberal arts colleges, including the practical teaching objectives, practical teaching system, practical teaching methods, practical teaching sites, practical teaching equipment and other aspects, and analyze the current situation and existing problems.

3.2. Comparative analysis method

Through literature, exchange visits and field research, we will learn successful cases of practical teaching in application-oriented colleges and universities at home and abroad, and make a comparative analysis of practical teaching with our school. It focuses on the practical teaching curriculum system, school-enterprise cooperation, teaching methods, practice training management, practice teaching evaluation system and other aspects of domestic colleges and universities that have achieved remarkable results in practical teaching, such as Sichuan International Studies University, Liaoning University, Wuhan University, etc.

3.3. Case analysis method

By deeply studying and applying the theory of practical teaching effectiveness and combining the successful cases of practical teaching in foreign language colleges and universities at home and abroad, a set of scientific, reasonable and feasible practical teaching system for the training of applied talents has been developed. Develop school-enterprise curriculum modules and practical teaching programs, and formulate corresponding curriculum standards and evaluation systems. Continue to optimize the practical teaching conditions, the campus practical teaching complex construction and upgrading plan and overseas practice base expansion plan.

4. Suggestions and countermeasures

4.1. Ability - oriented, practice OBE education theory

Foreign language colleges should adhere to the orientation of ability cultivation, realize two changes from knowledge imparts to ability cultivation, and teacher-led to students' main body. Relying on three stages of basic knowledge, practical training and application ability improvement, they should inspire and cultivate students' three abilities, namely, innovation and entrepreneurship ability, practical application ability, international cooperation ability and employment competitiveness. In line with the problem-oriented and demand-oriented construction of the new liberal arts, it pays attention to the docking of social needs, emphasizes interdisciplinary integration, and highlights the evaluation of social contribution ability, forming a practical teaching ability target system of "one idea, two changes, three stages, four abilities".

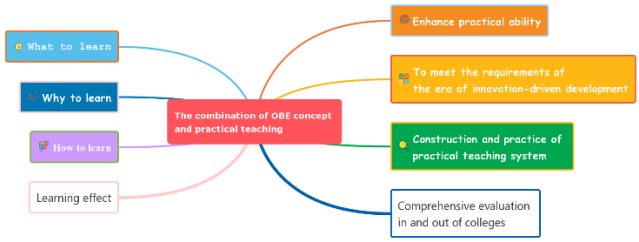


Fig .1 The combination of OBE concept and practical teaching

4.1.1. Cultivate students' ability of innovation and entrepreneurship.

Firstly, relying on the pioneer Park and the entrepreneurship College, we strive to build a precision target training innovation system, strengthen students' innovative spirit, entrepreneurial awareness and innovation and entrepreneurship ability, and make precise efforts to train innovative talents. Secondly, the system of tracking and feedback of student information is constructed. By collecting and sorting out student information and timely understanding the changes in the demand of the job market, the training program of innovative and entrepreneurial talents of the new liberal arts is scientifically and reasonably analyzed and designed, so as to integrate the talent training system with the labor market, constantly improve students' innovation and

entrepreneurship ability, and cultivate high-quality and all-round comprehensive talents for the society. Finally, gradually build a curriculum system organically integrating "major + innovation + entrepreneurship" and a practical education system mutually cooperating with "platform + tutor + service". Based on the social practice base, we strive to create a curriculum group integrating new liberal arts with innovation and entrepreneurship education. Pay attention to practical training and practice, through inside and outside the school practice training base, constantly improve students' learning ability and innovative spirit.

4.1.2. Cultivate students' practical application ability.

Based on basic experiments, confirmatory experiments and practical training, and based on exploratory and heuristic teaching methods, students' practical ability can be improved by designing problem-oriented practical teaching contents. In addition, guide and organize students to participate in skills competitions and innovative training programs, etc. Students can also be guided to actively participate in teacher projects in combination with teachers' teaching and research reform projects and the needs of enterprises and industries, so as to improve students' comprehensive practical ability.

4.1.3. Cultivate students' ability of international cooperation.

As a foreign language college, it is necessary to target the demand of the international market, take students' overseas internship as an important content in the reform of practical teaching system, actively establish overseas professional internship practice channels, and create opportunities for students to participate in overseas internship and training. We can combine long-term plans with short-term projects by implementing overseas teaching practices. Meanwhile, by giving full play to the initiative of the school and the college, we are responsible for the establishment of overseas practice bases in different levels, and strive to convert social resources into school-running resources to the maximum extent. This can not only improve the level of talent training in knowledge structure, practical ability and adapt to the trend of internationalization of talent market, but also continuously strengthen students' ability of international cooperation.

4.1.4. Cultivate students' competitiveness in employment.

Competency training plans are made based on competency Based ucation (Competency Based education) model, competency training is the center, competency requirements are competency, and courses are designed according to competency-based knowledge and skills required by the job. Also, a team composed of enterprise tutors and relevant teachers from the school jointly designs the practical course system, agrees on teaching methods, contents and assessment methods, meets the basic requirements of the enterprise, considers the development of students, takes into account the three aspects of the school, the enterprise and the students, and achieves "win-win-win". Ensure that students have the practical ability to engage in a certain occupation, so that theory and practice closely integrated. Advocate the idea of integration of employment practice, "big comprehensive, big practice" through internship, to achieve the mutual understanding between employers and students, students through the internship bridge to achieve employment.

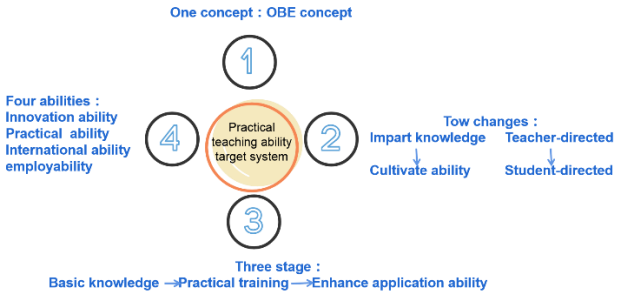


Fig. 2 Practical teaching ability target system

4.2. Construct a "three - dimensional four - level" practical teaching system

Through the construction of a curriculum system with three dimensions, namely basic knowledge practice, professional application practice and comprehensive innovative practice, the "three-dimensional and four-level" practical teaching system is constructed by taking experimental teaching, practice and training, graduation thesis (design) and innovative practice as four stages.

4.2.1. Experimental teaching

Foreign language colleges should actively integrate experimental teaching resources from all sides and build a cross-college, cross-disciplinary and cross-specialty experimental teaching platform for liberal arts. To promote the application of modern information technology in experimental teaching, build virtual simulation experiment group, explore the construction of intensive, mathematical intelligence, open liberal arts teaching laboratory, to provide students with comprehensive and interdisciplinary experimental teaching, promote research method innovation and interdisciplinary integration.

4.2.2. Practice and training

In combination with the deepening of talent training reform, the experimental and practical training courses should be reconstructed, and the on-campus practical training should be strengthened, so as to provide students with more scientific and effective opportunities to practice their positions and improve their comprehensive quality. In addition, it is necessary to further strengthen the "four synergies" of school-school coordination, school-local coordination, school-enterprise coordination and international coordination, adhere to the people-oriented, industry-oriented, production-education integration and innovative development, promote and form a new pattern of "professional + industry", government-school cooperation and industry-teaching-research integration, and explore a new model of "industrial college + industrial research institute + innovation platform", production-education integration. We will create new heights for application-oriented personnel training. In addition, to improve the international cooperation system of talent training, in line with the requirements of "high-level, diversified and extensive", it implements overseas exchange and cooperation programs in various forms such as joint training, semester exchange, internship and study, summer school, actively expands overseas internship bases, speeds up the construction of foreign language talents highland under the background of new liberal arts, and trains foreign-related legal talents in combination with law.

4.2.3. Graduation thesis (Design)

Strengthen the whole process of graduation thesis (design) management, from each dimension of strict monitoring.

Invite industry enterprise experts to participate in the guidance of graduation thesis, promote the "double tutor system" by profession, and constantly improve the proportion of graduation thesis based on experiment, practice, engineering practice and social investigation.

4.2.4. Innovation practice

Strengthen top-level design, integrate competition resources, constantly improve the competition mechanism, further give play to the leading and promoting role of "Internet Plus" college students Innovation and entrepreneurship competition and other disciplines competitions, and improve the level of innovation and entrepreneurship education. Beyond that,by means of policy support and the participation of industrial enterprises, the coverage of competition disciplines and participating students will be further expanded, and a student-oriented system of hierarchical college students' innovation practice and discipline competition will be formed to build a platform for students' innovation, entrepreneurship and demonstration of practical results.

On this basis,with college students' innovation and entrepreneurship plan as the carrier, and with the goal of strengthening college students' innovation awareness and improving their innovation ability, we constantly cultivate and incubate a batch of innovation and entrepreneurship projects with new liberal arts characteristics and reflecting the foreign language + strategy.

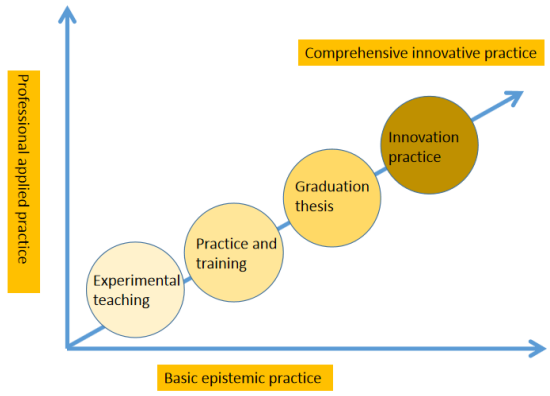


Fig 3. “Three dimensional Four - level” practical teaching system

4.3. Construct the "4+6+4" practical teaching evaluation system

At present, colleges and universities lack of deeper exploration and research on the practical teaching effect of the training of applied talents. The construction of practical teaching evaluation system as an important starting point, improving teaching quality, is an important link to perfect the practical teaching system, effectively improve students' satisfaction. Meanwhile, the practical teaching evaluation system should be oriented by cultivating application-oriented talents, highlighting specialty characteristics, and aiming at improving students' professional ability, practical ability, innovation and entrepreneurship ability and social participation ability. It should be combined with six teaching contents, including discipline competition, experimental teaching, practice and training, thesis design, innovation and entrepreneurship, and scientific research training. The evaluation of teachers' ethics, students' study style, practical teaching reform research and students' innovation practice are taken as four important indicators of practical teaching effect evaluation, and a multi-dimensional, multi-channel and diversified "4+6+4" practical teaching evaluation system is constructed.

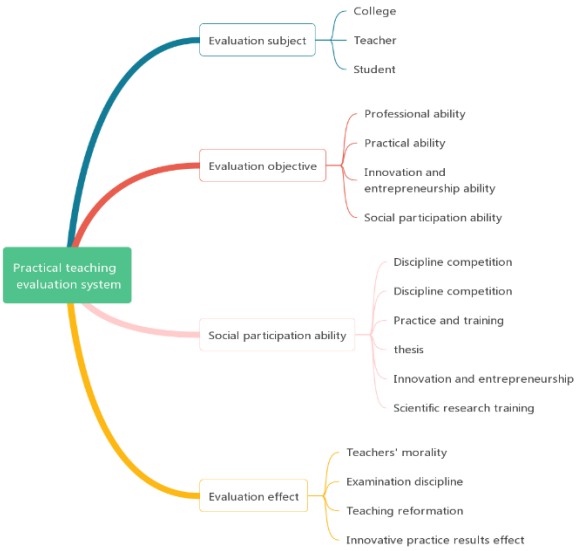


Fig .4 “4+6+4” practical teaching evaluation system

4.4. Improve the teaching staff for practical teaching

Make full use of enterprises to enhance teachers' practical teaching ability. Adopt the method of "double hung" , namely teacher credentials the exercise to the enterprise , executives and completely to the school to do part-time professor , achieve mutual benefit and win-win.Colleges according to the teaching need , organization, encourage and support the professional teachers to the corresponding temporary or part-time, to master the latest developments in business and industry formats, further promote profound cooperation, promote the ability of the practice teaching.Actively introduce business mentors related to the major set by the school and the requirements of practical skills, participate in the school's personnel training program formulation, graduation thesis guidance, practical training guidance and other teaching links, promote the two-way flow of enterprise engineering and technical personnel, highly skilled personnel and teachers, improve the construction of key majors and the level of school-enterprise cooperation education. Truly in the practical work of training and improve teachers' work in the engineering, technical and scientific research ability and innovation ability , build a strong practice ability, high technical level of the "Double Type" teachers.

5. Conclusion

With the advancement of the construction of new liberal arts, the practice teaching in foreign language colleges should keep pace with The Times, reform and innovate, appropriately increase the teaching credits of practice courses, improve the practical teaching level of teachers, strengthen and update the experimental teaching content, explore the new model of integration of production and education, and build a new liberal arts practice teaching system with disciplinary characteristics, so as to improve students' practical ability and innovative ability. To cultivate composite, innovative and applied talents who meet the needs of the new era.

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