

Safety Management of Graduate Students by Using the Contradiction Analysis Method

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Abstract: President Xi pointed out that dialectical thinking is the ability to recognize, analyze, and resolve contradictions and conflicts. Dialectical thinking skill is the ability to recognize, analyze, and resolve contradictions, and the ability to grasp the key points, figure out key points, and gain insight into the laws of development of things. The group of postgraduate students has many characteristics that are unique to themselves and different from undergraduates and doctoral students. As an education manager of this group, to do a better job in safety management, we must make good use of dialectical thinking and use the method of contradiction analysis to grasp the characteristics of postgraduate students. Focus on the "four regular tasks", namely regular ideological work, regular management work, regular psychological service work and regular problem-solving work, to promote the healthy growth and comprehensive development of students, and to ensure safety and smoothness during 3 years.

Keywords: Contradiction Analysis Method; Safety Management; Graduate Students.

1. Grasp the Generality and Particularity of Contradictions, Doing Regular Ideological Work Well

There are various types of graduate students in the university where the author works there are young students who have never been out of school, active soldiers who are serving in the army, employees of enterprises and institutions who have worked for many years, and some who have not yet found a suitable job and choose to return to school to continue their degree; the age level of the students' ranges from post-70s to post-00s, with a large span. Compared with doctoral students, masters are generally younger. They are active in thinking and diverse in conception, and prone to emotional instability. They have the characteristics of strong democratic awareness, weak obedience awareness, strong self-awareness, and weak collective awareness. It's hard to investigate, transform and feel their hearts. From the point of view of contradiction theory, this group has general contradictions and special contradictions. We should take regular ideological work as the main method, investigating, talking, researching, helping, and transforming as the main way to solidify. Promote the implementation of safety work.

1.1. Understand the Real Thought Clearly and Master the Real Situation

By consulting archives, daily observations, questionnaires, family communication, online attention, etc., we can fully understand the eight basic situations of students, including motivation, personal experience, family situation, personality, hobbies, physical conditions, living habits, and interpersonal relationships. Follow up and understand 10 kinds of dynamic situations of students, such as academics, psychology, marriage and love experiences, friendship, diet, sleep, consumption, entertainment, surfing the Internet, hanging out, etc., and can adopt the method of formulating "personal profile". We'd better make it clear where students are, what they are doing, and what they want for the actual performance and find out their thoughts.

1.2. Extensively Carry out Personal Talks

For 10 types of people who have learning difficulties, employment difficulties, economic difficulties, physical illness, emotional setbacks, family accidents, failed wishes, criticism, withdrawn personality, business trips, etc., flexibly adopt briefing meetings, symposiums, tea parties, personal meetings, etc. Talk with students, talk with the backbone of the squad leader, talk with the instructor, talk with the work unit, talk with the family of the students, listen patiently, communicate frankly, strive to enter the inner world of the students, and grasp the ideological trends and actual needs of the personnel in a timely manner.

1.3. Study and Judge the Ideological Situation Regularly to Clarify the Personal Reason

Taking advantage of opportunities such as administrative regular meetings and situation analysis meetings. Counselors can organize key members to analyze the ideological situation of the students, invite tutors to participate, and contact the actual needs of the students' growth, career planning, emotional life and emotional management to study the students' ideological status and emotional changes and recent behavioral characteristics, focusing on discovering signs, potential and tendentious ideological problems, listing the problem list, identifying the root causes, formulating precise transformation measures for one person, one case, and following up to do a good job of one-on-one counseling and transformation. Through well-organized education to further guide students to view various issues correctly, and avoid hidden dangers in safety in the future.

2. Insisting the Unification of Two-Point Theory&Key-Point Theory, Make Regular Management Work Effective.

Safety and Stability work involve all aspects, but if you fail to grasp the main contradiction and the main aspects of the contradiction regardless of priority, "grasp the eyebrows and beards", Chinese people usually said, you will get twice the

result with half the effort. For the education management of postgraduate students, it can neither be equal to that of undergraduate students, nor can it be completely compared to that of doctoral students. We should face up to and understand the characteristics of the "knowledge-based talents" group, take students as the center, take shaping value and promoting growth as the starting point and goal of work, and grasp the following issues:

2.1. Graduate Students are the Core

Management work is the source, foundation and guarantee of safety and stability, and we must grasp the core and biggest variable of people. Most master's students are young with little experience, shallow social experience, zero work experience, weak psychological quality, and poor ability to withstand pressure. The actual situation and the reality of short academic system but high requirements for academic achievements have had an impact on the students' ideology and psychology. It is necessary to focus on people-oriented, handle the relationship between restraint and freedom, distinguish the management intensity of different time periods such as daily study, scientific research practice, internship application, and project research, and provide time and space for students to learn independently, improve themselves, and relax freely. We should adhere to the safety management approach of "precise policy implementation based on comprehensive management", and correctly handle the relationship between common requirements and individual needs. Focus on the main responsibility and main business, urge students to devote their main energy to study and scientific research, regularly carry out statistical publicity on the publication of postgraduate academic papers and the progress of dissertations in this discipline, and encourage and praise students who have achieved fruitful work and winners of discipline competitions.

2.2. Managers' Own Ability and Quality Need to be Constantly Cultivated

Firstly, we must follow the principles of scientific management, grasp the principles of step-by-step, leniency and strictness, and relaxation. Analyze the contradictions in management education based on the characteristics of master students, optimize working methods for students in different situations, and teach students according to the situation. Implement policies, solve problems steadily, and achieve "one key to open one lock". Secondly, educate people flexibly in accordance with laws and regulations, correctly view the way of thinking of postgraduates, and help them from daily life, daily work. Develop good behavior habits, seriously correct and stop all kinds of violations, prevent small problems from becoming big problems, and individual problems from becoming tendentious problems. More importantly, use laws and regulations flexibly to deal with all kinds of violations. ", to prevent other problems from being caused by improper handling of one problem. Thirdly, we must lead by example and set an example. The managers of highly educated students should have higher and better cultivation qualities, and their words and deeds, behaviors, and dealing with people should be an example for students to follow. The supervisor should provide basic compliance and system guarantee for the management of students.

2.3. Strictly follow the Political, Security, Confidentiality, Academic Rules

Safety is a relative concept. There is no absolute safety. It should be analyzed in detail and handled flexibly in combination with the actual situation. In view of the multiple pressures faced by graduate students in scientific research projects, research projects, paper publications, employment destinations, and family economic life, and at the same time they are in the life stage characteristics of youth chasing dreams, marriage, and adjustment and adaptation, keeping the political bottom line, safety bottom line, confidentiality bottom line, and academic bottom line is the first goal of our management educators. Our supervisors need to focus on preventing political issues, personal safety, illegal use of the Internet, online dating, and vehicle traffic. These are the key factors of preventing the safety issues.

3. Pay Attention to the Combination of Help and Comfort, Get the Psychological Service Work & Problem-Solving Work Done.

Studies have shown that the overall mental health of postgraduates in colleges and universities is lower than the average level of their peers, and the proportion of suspensions and dropouts due to psychological and spiritual problems is increasing. The results of the psychological assessment organized by the author's school every year also show that the detection rate of psychological problems of doctoral and master's students is much higher than that of undergraduates. 76.4% of the total number of "people who need attention". It can be seen that the high incidence of psychological problems shows that the school should put psychological services in a special position and take effective measures to carry them out.

Compared with doctoral students, there are currently a large number of postgraduate students in various universities, with diverse backgrounds, mainly concentrated in the "post-80s" to "post-00s", with large differences in age levels and experience - fresh graduates have no fixed salary income, mainly relying on family sponsorship and scholarships to study for a degree, family difficulties and relying on student loans to barely continue their studies, seek employment, and face more practical difficulties in many aspects; social working students generally face marriage and other issues such as children's education, parental support, and bottlenecks in career development. School management team should stand at the height of ensuring a virtuous cycle and long-term development of postgraduate training, regard postgraduate students as their own children, brothers and sisters, and regard helping them with difficulties as part of their duties, and do their work well and practically.

3.1. Carrying out Psychological Counseling Scientifically and Organize Psychological Assessment

While making good use of the school's psychological service center, the college can actively invite experts from outside the school to come to the school to set up special lectures on mental health knowledge, conduct psychological general education, emotional management, and stress-resistant training. For students who are psychologically unstable and have abnormal behaviors, we need to do a good job of psychological counseling and intervention and

correction in a timely manner, guide students to adjust to study and research life, and bravely face difficulties and setbacks. Pay attention to the role of psychological assessment and early warning, organize a psychological assessment for all employees every year, and establish mental health files for each individual. For those with depression, anxiety and mental illness factors that are significantly higher than the average, especially those with severe psychological problems or extreme behavior tendencies, notify relatives and mentors in time and send them to the doctor for treatment. Pay more attention to important spot in the postgraduate stage (before dissertation opening, graduation, before leaving school), especially designate special personnel to take care of key psychological problems, and deal with emergencies decisively and properly.

3.2. Creating Conditions for Students to Release the Emotional Regulation and Loose

Postgraduate management team should give full attention on the positive impact of physical exercise, reading, and entertainment activities on psychology and emotions. They can increase investment in construction, build high-standard gyms, yoga rooms, reading rooms, and cultural and sports activity rooms. Add VR (virtual reality) and other various activities such as psychological hypnosis equipment, it can enrich students' amateur cultural life and help graduate students relieve stress, divert attention, resolve bad knots, vent bad emotions, and strengthen healthy minds.

3.3. Consolidate the Joint Efforts of Multiple Parties to Pass on Caring

The practice of the author's university is worth learning. We give full play to the link between students, tutors, and families, strengthen information sharing, and connect teaching and research offices, tutors, families, business departments of graduate schools, tutors of joint training colleges, in-service students sending units, and students family members and other forces and resources are integrated to build a multi-party management network inside and outside the school, to deeply understand the actual needs of students in difficulties, and to help resolve conflicts in study and life. Set scholarships, grants, scientific research allowances, management assistance allowances and hardship relief subsidies to reduce the pressure on students' tuition fees and living expenses as much as possible, and provide relief assistance to students from families with special difficulties in accordance with regulations to ensure that no student is

allowed to drop out of school due to personal financial difficulties.

3.4. Solving their Problems Accurately, Helping & Supporting Students Actively

If personal appeals and poverty can be effectively resolved, safety management can always be under control. Tutors and counselors can regularly collect students' practical difficulties, designate buddies to help them, help them clarify research ideas, and promote academic progress; actively organize graduate students of appropriate age to participate in social gatherings, and help older unmarried youths solve marriage problems; assist students and their family members solve problems related to laws and lawsuits, organize regulations to preach, and actively invite public security organizations to come to the school to carry out special training on "preventing telecommunications and network fraud" in response to the reality of frequent telecommunications fraud cases in the current society; take the initiative to expand employment placement channels, communicate with employers in multiple ways to understand job requirements, collect recruitment information, recommend outstanding graduates, help graduate students recruit and enter the workforce, solve employment problems.

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