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Exploring the Integration of Traditional Chinese Culture into Curriculum Teaching

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Abstract: With the development of society and the prosperity of culture, the value of Chinese excellent traditional culture in the field of education is gradually highlighted. This study aims to explore how the Chinese excellent traditional culture is integrated into the teaching of Civics and Politics courses in colleges and universities, and to analyses its influence on improving teaching quality and students' ideological education. Chinese excellent traditional culture can not only enrich the teaching content of the Civic and Political Science Class in colleges and universities, but also enhance the cultural consciousness and depth of thought of college students. Combined with the specific teaching practice, we put forward a series of effective integration strategies and verify the effect of its application in the ideological and political courses in colleges and universities.

Keywords: Chinese Excellent Traditional Culture; Integration; Course Teaching; Exploration.

1. Introduction

Since entering the new era, the value of Chinese excellent traditional culture has been paid more attention to and explored. Especially in the field of education, Chinese excellent traditional culture has an irreplaceable role in cultivating students' national concept, cultural self-awareness and deep ideological heritage. As a compulsory course in colleges and universities, the teaching content and method of Civics is directly related to the shaping of students' ideological and moral quality and core values. So, how to integrate the rich and colourful Chinese excellent traditional culture into the Civic and Political Science course and make it an organic part of teaching? This is undoubtedly an important issue worth exploring.

2. The Value of Chinese Traditional Culture in the Civic and Political Science Classes

The excellent traditional Chinese culture has a long history and is profound and profound, which is the crystallisation of the wisdom of Chinese civilisation and the accumulation of the history of the Chinese nation, including philosophical thoughts, traditional virtues, literature and art, science and technology and other fields of essence. For the ideological and political courses in colleges and universities, the effective integration of these cultural elements not only enriches the content of the courses, but also enhances their educational relevance and effectiveness.

2.1. The Guiding Value of Philosophical Thinking

Confucianism, Taoism and Buddhism in Chinese culture provide us with valuable philosophical resources. Confucianism's core values of "benevolence, righteousness, propriety, wisdom and trust" can guide students to establish a correct outlook on life and values; Taoism's "Taoism and nature" teaches students to follow nature, adapt to change and develop their ability to adapt to society; and Buddhism's concept of cause and effect can make students pay more attention to personal and social values. The Buddhist concept of cause and effect can make students pay more attention to the correlation between personal behaviour and morality. By introducing these ideas, the Civics programme can enable students to have a deeper understanding of society and life.

2.2. The Shaping Value of Traditional Virtues

Chinese traditional virtues are the concentrated expression of people's values and cultural psychology in different eras of history, and the distillation and summary of moral practice experience; they are the essence of Chinese culture and contain rich ideological and moral resources. The basic spirit of traditional Chinese virtues includes: attaching importance to the overall interests, stressing responsibility and dedication; promoting the principle of benevolence, focusing on harmony; focusing on human relationships, attaching importance to moral obligations; pursuing spiritual realm, aspiring to an ideal personality; stressing moral cultivation, focusing on moral practice and so on. By teaching the essence of traditional virtues, the Civics Class can help students better understand the basic ethical norms of society and guide them to follow the moral code in their daily lives and social interactions. It is of great significance in cultivating students' moral awareness, sense of social responsibility and shaping their moral character and core values. The value of such traditional virtues is especially important in the training of new generations who will be responsible for the rejuvenation of the nation in the future.

2.3. Emotional Education Value of Literature and Art

Poetry, lyrics, music, paintings and other art forms in Chinese culture contain a wealth of emotions and philosophies of life [1]. Using these traditional cultural and artistic resources, the Civics class can adopt classical sharing, contextual teaching, role-playing, flipped classroom, walking classroom, etc., so that students can more truly experience and understand the true meaning of life in the intertwining of emotion and reason.

2.4. Inspirational Value of Science and Technology

Ancient Chinese scientific and technological achievements

such as the Four Great Inventions, the lunar calendar and Chinese medicine represent China's profound cultural tradition. Introducing them in the Civics and Political Science class not only helps students better understand traditional Chinese culture, but also stimulates their spirit of scientific exploration. By studying ancient scientific and technological achievements, students can recognise the importance of innovation and scientific spirit in Chinese history, thus developing a stronger sense of innovation. This helps mould the youth of the age with pursuit and creativity, and promotes scientific and technological innovation and social progress. Therefore, these ancient scientific and technological achievements have important revelation value for Civic and Political Education.

2.5. Ways of Integrating the Civic and Political Classes with Chinese Culture

A series of strategies are needed to integrate traditional Chinese culture into the Civic and Political Science class. Teachers themselves need to have a deep traditional cultural heritage, not only to understand the history and connotation of the culture, but also to be able to combine it with modern social issues and guide students to discover the value of it. Educators can adopt active teaching strategies, such as case teaching and discussion-based teaching, to let students experience the charm and wisdom of Chinese culture through actual cases and interactive discussions. In addition, cultural experience activities, such as traditional handicraft production and recitation of ancient poems, can be organised to allow students to participate personally and enhance their understanding of culture. At the same time, attention should be paid to the intermingling and dialogue between Chinese culture and modern and western culture. Through comparative studies, the moral fruits of human civilisation should be absorbed and borrowed with an open mind and vision. Ultimately, the content of education should remain open and pluralistic, not only emphasising the inheritance of traditional culture, but also encouraging students to actively explore and innovate in order to adapt to the ever-changing social and cultural environment. In this way, the combination of Civics and Chinese culture will have more depth and breadth, providing richer educational resources for students' growth and success.

In conclusion, the value of traditional Chinese culture in the Civic and Political Science Class is self-evident. Effective integration of these cultural resources can not only enhance the teaching effect of the Civic and Political Science Course, but also enable students to experience and feel the charm of Chinese culture in the learning process, establish a high degree of cultural consciousness and cultural confidence, and provide a strong spiritual support for their life path.

3. Problems in the Teaching of Civic and Political Science Classes and the Solution Path of Chinese Traditional Culture

As a compulsory course in colleges and universities, the Civics and Political Science class is crucial to the cultivation of students' ideological virtues and core values. However, in the reality of teaching, this course often faces multifaceted problems. These problems may originate from various aspects such as teaching materials, teaching methods, and students' attitudes. With the help of the rich resources of traditional Chinese culture, we can not only find the corresponding solution paths to these problems, but also further enhance the effectiveness of the teaching of Civics and Political Science.

3.1. The Problem of Over-theoretical Teaching Content

The problem of over-theoretical content of the Civic and Political Science Course may indeed lead to the low interest of some students in learning. To solve this problem, the method of traditional Chinese culture can be borrowed. By quoting classical literature such as Mencius and Zhuangzi to explain the profound truths with vivid stories and philosophies, it can make it easier for students to understand and accept the abstract ideas. Such a teaching method can not only stimulate students' interest, but also help them to connect ethical and moral theories with real life and enhance the practicality and operability of learning. This path helps to improve the attraction and educational effect of the Civics course.

3.2. Problem of Neglecting Emotional Education

The problem of neglecting emotional education in the teaching of Civics and Political Science does partly exist, and traditional Chinese culture provides rich resources to solve this problem. Introducing poetry, music, painting, non-heritage skills and other art forms for contextual teaching can help students emotionally establish a deeper connection with the teaching content. By appreciating ancient poetry and traditional music, passing on non-heritage skills or demonstrating the beauty and depth of Chinese culture through painting, students can more easily develop emotional resonance, cultivate positive emotional attitudes and form healthy values. This combination of comprehensive art and ethical education not only enhances students' interest in cultural traditions, but also encourages them to better understand and internalise the content of the Civic and Political Science course, and to achieve a comprehensive cultivation of emotions and values. This path helps to enhance the educational effect and attractiveness of the Civic and Political Science Class.

3.3. The Problem of too Single Teaching Methods

To solve the problem that the teaching methods of Civic and Political Science Classes are too simple, we can draw on the educational concepts of traditional Chinese culture, such as "teaching students according to their aptitude" and "guiding them with good guidance". This means that teachers should pay more attention to the individual differences of students and adopt diversified teaching methods according to the characteristics and needs of different students. For example, group discussions can be introduced to allow students to interact on specific topics and share different views and experiences, thus promoting the development of critical thinking and problem-solving skills. In addition, role-playing and case analyses are effective teaching tools that can help students understand and apply ethical and moral principles in a more concrete way. By adopting a variety of teaching methods, the Civics class can better stimulate students' initiative and creativity, and make them participate more actively in classroom discussions and reflections. This not only helps to improve the teaching effect, but also enhances students' interest in traditional Chinese culture and

ethics so that they can better understand and accept these important values [2]. Therefore, diversified teaching methods are an effective way to enhance the attractiveness and educational effect of the Civics Class.

3.4. Problem of Neglecting Local Cultural Values

The key to solving the problem of neglecting local cultural values in the Civic and Political Science Course lies in strengthening the research and excavation of Chinese excellent traditional culture and organically integrating it into the course materials and teaching. Chinese excellent traditional culture has a long history and unique values, which are crucial to cultivating students' cultural confidence and national identity. In the design of teaching materials, elements of traditional Chinese culture such as classic literature, poems and allusions can be introduced, so that students can better understand and cherish their local culture through reading, discussing and interpreting this cultural heritage. In addition, by organising cultural experience activities and visiting cultural heritage, students can experience the charm of traditional Chinese culture and enhance their emotional identification with it.

3.5. Problem of Students' Negative Attitude Towards the Ideology and Politics Course

To cope with the problem of students' negative attitude towards the ideology and politics class, a series of measures can be taken to stimulate students' interest and participation by combining the educational concepts of Chinese excellent traditional culture. Teaching content can be innovated to organically integrate elements of traditional Chinese culture into the curriculum so that students can personally feel the connotation and value of culture. Through case teaching, practical activities and social investigation, students can combine the theoretical knowledge learnt in the Civic and Political Science class with real life and cultivate their ability to apply theories. Most importantly, teachers should be the guides and role models for students, setting a good educational example and stimulating students' interest and enthusiasm in learning. By integrating Chinese traditional culture into the teaching of Civic and Political Science, combined with innovative teaching methods and practical opportunities, students can be helped to establish a correct learning attitude and recognise the importance of Civic and Political Science, so as to overcome their negative attitudes and actively participate in learning.

Overall, Chinese traditional culture provides rich resources and teaching paths for the Civic and Political Science Class. Only by fully exploring these resources and combining them with modern educational concepts can the educational effect of the Civic and Political Science Class be truly enhanced and the needs and expectations of students be met.

4. Analysis of Specific Integration Strategies and Practical Effects

Traditional Chinese culture, as the core of the spirit of the Chinese nation, holds rich values and educational concepts. Integrating it into the ideological and political courses in colleges and universities can not only improve the quality of teaching, but also promote the overall development of students. However, how to effectively integrate it is an issue that requires in-depth research and practice. The following will introduce specific integration strategies and analyse their practical effects.

4.1. Case Teaching Method

The strategy of case teaching method in the Civics class is to choose cases of Chinese excellent traditional culture related to the Civics class, such as historical figures, events, and documents, and analyse them in depth. By comparing these cases with modern social phenomena and events, students are guided to think and discuss. The practical effect of this teaching method is very remarkable. In case-based teaching, students are more likely to empathize with the cases because they are usually relevant to their daily lives and cultural backgrounds. This enables them to understand and accept the content of the Civics course in greater depth and to be able to relate abstract ideologies to real-life situations. At the same time, teaching with cases also helped to enhance students' sense of identification with and pride in the outstanding traditional Chinese cultures, as they were able to see the great contributions of these cultures in history and their impact on modern society. This strategy helps to improve the attractiveness and educational effect of the Civics course.

4.2. Situational Simulation Method

Situational simulation method is a teaching strategy that can be used in the Civic and Political Science class, which guides students to conduct activities such as role-playing, simulated discussion and simulated decision-making by constructing traditional Chinese cultural situations related to the content of the Civic and Political Science class, such as ancient palaces, school halls, villages, non-heritage buildings, and so on. The practical effect of this method is very remarkable. The situational simulation method helps to stimulate students' interest and participation because they can act as different roles in the simulated situations and experience the ancient culture and moral dilemmas first-hand, which makes the Civics class more vivid and interesting. The situational simulation method improves the practicality of the Civics class, and students are able to better understand and experience the connotations of the excellent traditional Chinese culture and concretise the abstract moral concepts. Therefore, the situational simulation method is an effective teaching strategy that helps to improve the educational effect of the Civics class.

4.3. Group Discussion Method

The group discussion method is a strategy beneficial to the teaching of Civics class. By organising students to have group discussions, each group chooses a topic related to the Civic and Political Science Class and traditional Chinese culture, conducts in-depth research and discussion, and shares and exchanges in the classroom, it can achieve significant practical effects. This method helps to develop students' teamwork skills, as they need to collaborate to solve problems and complete tasks together [3]. The group discussion method improves the interactivity of the Civics class and makes students more actively involved, thus enhancing their understanding and memorisation of the content of the Civics class. Most importantly, through group discussion, students are able to think deeply about the ethics and values related to Chinese traditional culture, develop critical thinking skills, and help them better understand and appreciate Chinese traditional culture. Therefore, the group discussion method is an effective teaching strategy for Civics courses.

4.4. Multimedia Teaching Method

Multimedia teaching method is an effective teaching strategy for Civics class. By using modern multimedia technology, such as animation, film, audio, etc., to show the charm of Chinese traditional culture, such as ancient music, dance, painting, etc., and combining it with the content of Civic and Political Science Classes, it can achieve remarkable practical effects. Multimedia teaching method can improve the interest of Civics class and make students more interested and engaged in learning. Multimedia teaching method enables students to feel the qualities of Chinese excellent traditional culture more intuitively and vividly, and to understand and experience more deeply through audio-visual means. Most importantly, the multimedia teaching method can stimulate students' imagination and creativity and help them better understand the ethics and values in traditional Chinese culture. Therefore, the multimedia teaching method is an effective strategy to help teaching Civics.

In conclusion, integrating traditional Chinese culture into the Civics and Political Science class in colleges and universities requires a variety of strategies and methods to ensure the effectiveness and practicability of teaching. At the same time, the practical effects of these strategies need to be continuously observed and analysed for further improvement and enhancement.

5. Exploration of the Combination of Traditional Chinese Culture and Modern

Civic and Political teaching. In the teaching of colleges and universities, the Civic and Political Science class has always been an important course to cultivate students' ideological and moral literacy, ideal beliefs and core values. With the change of the times, traditional education methods have been difficult to meet the learning demands of contemporary students, so how to effectively combine Chinese traditional culture with modern Civics teaching to make it more attractive and influential has become a challenge for educators. In the following, we will explore this combination in depth from multiple dimensions.

5.1. Inheritance of Values

The excellent traditional Chinese culture covers the core values of "benevolence, righteousness, courtesy, wisdom and trust". These values are still of great practical significance in today's society. For example, the traditional Chinese idea of "benevolence" can guide students to establish humanistic care and social responsibility, while "honesty" is the cornerstone of modern social interaction. By integrating these traditional values into the teaching of Civics, students can be helped to form a correct outlook on life and values.

5.2. Contrast between History and Reality

Many events and figures in Chinese history are closely related to the content of Civics. For example, the ancient image of "gentleman" can be compared with the modern concept of "citizen" to help students understand the rights and responsibilities of citizens [4]. In addition, great events in history can be compared with the development of modern society, so that students can better understand the process of history and the law of development.

5.3. Cultural Symbols and Thought Revelation

There are numerous cultural symbols in traditional Chinese culture, such as the I Ching, the Five Elements, the Eight Trigrams, etc., which all contain profound philosophical thoughts. By combining these cultural symbols with the content of the Civics class, it can provide students with unique thought revelations and help them form independent critical thinking.

5.4. Tradition and Innovation of Ethics and Morals

Ethics and morality are an important part of the excellent traditional Chinese culture and the core content of Civics teaching. For example, filial piety and fraternal duty, loyalty, temperance and righteousness are all ethical and moral standards in Chinese culture. Combining these traditional ethics with the ethical needs of modern society can provide new contents and perspectives for Civics teaching.

5.5. Integration of Art and Aesthetics

Art and aesthetics in traditional Chinese culture, such as calligraphy, painting, music and poetry, can be organically integrated with Civics teaching. Through the form of art, it can make the teaching of ideology and politics more vivid and graphic, and at the same time, it can cultivate students' aesthetic ability and humanistic literacy.

Chinese excellent traditional culture has a natural combination with the teaching of ideology and politics in colleges and universities. As long as educators are good at digging and innovating, they can make the teaching of ideology and politics richer and deeper. In addition, the combination of Chinese traditional culture can also cultivate students' cultural self-consciousness and cultural self-confidence, laying a solid foundation for their growth and success.

6. Prospects and Suggestions for the Future Integration of Chinese Traditional Culture into Civic and Political Classes in Colleges and Universities

With the development of the times, the environment and challenges faced by the education of ideology and politics courses in colleges and universities are changing. In order to better cultivate students' ideological character and social responsibility, it has become a consensus in the field of education to innovate and upgrade the Civics and Political Science Course. Incorporating Chinese excellent traditional culture is one of the effective strategies. For the future direction of teaching, the following outlook and suggestions are put forward:

6.1. Insisting on Cultural Self-consciousness and Cultural Confidence

Civics courses in colleges and universities should deepen the study of Chinese excellent traditional culture, adhere to the cultural roots, and improve students' cultural self-consciousness and cultural self-confidence. This can not only help students know themselves better, but also provide them with a solid cultural foundation and help them show the charm of Chinese culture in the context of globalization.

6.2. Strengthening Practical and Experiential Teaching

Compared with traditional teaching methods, practice and experience can enable students to gain a deeper understanding of the essence of Chinese culture. For example, students can participate in the celebration of traditional festivals, conduct in-depth study of ancient books, or even go on field trips to historical and cultural sites [5]. All these can make students experience and feel the charm of Chinese culture more intuitively and deeply.

6.3. Expand Interdisciplinary Cross-curriculum

Chinese culture covers many fields such as philosophy, history, art and science. The Civics and Political Science course can be cross-fertilised with these disciplines to carry out project-based course reforms, such as combining with the disciplines of aesthetics, music, and history to carry out interdisciplinary research and discussion, providing students with a more comprehensive and three-dimensional learning experience.

6.4. Innovative Teaching Methods and Technical Means

With the development of science and technology, digital, networked and intelligent teaching methods have been widely used in the field of education. Educators should make full use of these advanced technical means, such as virtual reality, augmented reality, etc., to build a vivid, three-dimensional learning environment for students and help them better understand and appreciate the essence of Chinese culture.

6.5. Strengthen the Construction of Teachers

Civic and political education in colleges and universities needs the support and guidance of the teaching team. Therefore, colleges and universities should pay attention to the construction of the teaching staff and focus on training teachers to have an in-depth understanding and study of Chinese culture. This includes providing teachers with continuous training and academic opportunities, encouraging them to study traditional Chinese culture in depth, and acquiring correct and professional knowledge and educational methods so that they can better teach students the value and essence of Chinese culture [6]. Only teachers with deep cultural heritage can guide students to truly understand and experience the excellent traditional Chinese culture and provide them with distinctive and high-quality Civic Education.

6.6. Encourage Academic Research and Communication

Scholars are encouraged to conduct research on Chinese traditional culture and Civic and Political teaching, and to strengthen exchanges with their international counterparts, so that Chinese excellent traditional culture can be better disseminated and recognised globally.

Incorporating the excellent traditional Chinese culture is an important direction for the education of Civics and Political Science in colleges and universities, as well as an important choice for its continuous development and upgrading. Only by adhering to the cultural roots, constantly innovating teaching methods, strengthening the construction of teaching staff, and encouraging academic research and exchanges can we ensure the high-quality development of Civics and Political Science education and cultivate more virtuous and talented pillars of society.

7. Conclusion

Chinese excellent traditional culture is the treasure of the Chinese nation, and it plays an important role in the teaching of Civic and Political Science Classes in colleges and universities. In this study, the application of traditional culture in the Civics and Political Science class is discussed in depth from various perspectives, such as cultural value, teaching problems, and integration strategies. We firmly believe that only by truly understanding and cherishing the excellent traditional Chinese culture and organically integrating it into the education of Civic and Political Science Classes in colleges and universities, our Civic and Political Science Classes can be more effective and influential by adding it to the mind and heart.

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