

Exploration on the Path of Integrating Anti-epidemic Spirit into Ideological and Political Education in Universities

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Abstract: On September 8th, 2020, General Secretary delivered a speech at the National Commendation Conference on Fighting COVID-19 Epidemic: In this life-and-death contest with a serious epidemic, the people of China and the Chinese nation, with their dauntless spirit of daring to fight and win, forged the great anti-epidemic spirit of putting life first, uniting the whole country, giving up one's life and forgetting one's death, respecting science and sharing a common destiny. Although the epidemic ended in 2023, the three-year epidemic is an unforgettable common memory for everyone in China, and the anti-epidemic spirit will gradually precipitate into the blood of everyone in China. As a public compulsory course for college students, ideological and political theory course should be good at integrating the anti-epidemic spirit into daily teaching, so that the anti-epidemic spirit can constantly cultivate each student's patriotic feelings and values.

Keywords: Anti-epidemic Spirit; Ideological and Political Education; College Student.

1. Introduction

College students' ideological and political theory courses include Basic Principles of Marxism, Outline of Modern History, Introduction to Mao Zedong Thought and Socialism with Chinese characteristics's Theoretical System, Ideological Morality and Rule of Law, Situation and Policy. Based on six courses, this paper discusses the path and practical basis of integrating anti-epidemic spirit into ideological and political theory courses. The anti-epidemic spirit of life first, national unity, giving up one's life and forgetting one's death, respecting science and sharing common destiny is a concise expression of Xi Jinping's spiritual outlook and moral character in the process of fighting against the epidemic on the basis of summing up China's anti-epidemic experience. Integrating the anti-epidemic spirit into the ideological and political classroom is conducive to improving students' self-cultivation, clarifying students' understanding of the overall situation of anti-epidemic, and gradually making students stand firm in the people's position and consciously clarify the logical paradox induced by false values.

2. Anti-epidemic Spirit is the Contemporary Embodiment of the National Spirit and the Spirit of the Times

The main line of the course "Ideology, Morality and Rule of Law" is to cultivate students to form a good outlook on life and values, and to fasten the first button of life. The third chapter of the course, China Spirit, talks about the national spirit with patriotism as the core, and the spirit of the times with reform and innovation as the core is the best way to integrate the anti-epidemic spirit. [1] "Based on the demands of the times, explore the integration of the great anti-epidemic spirit into ideological and political courses in colleges and

universities, enhance ideological identity, integrate into party activities, deepen emotional identity, integrate into campus culture, shape value identity, integrate into social practice, implement behavioral identity, internalize the anti-epidemic spirit into college students' own values, and guide college students to establish correct values." [2]

Chinese civilization has lasted for 5,000 years, forming a fine tradition that China people pay attention to spirit. In the long historical development process, the people of China have formed a national spirit with patriotism as the core; On the basis of the practice of the times, the people of China have formed the spirit of the times with reform and innovation as the core. Anti-epidemic spirit is not only a part of patriotic national spirit, but also the latest embodiment of the spirit of the times. The anti-epidemic spirit not only shows the Communist Party of China (CPC)'s value pursuit of serving the people, but also constantly absorbs China people's outlook on the world and morality in the excellent Chinese traditional culture that the world is for the public and the people are the foundation of the country. [3] Therefore, the anti-epidemic spirit is the product of combining the universal truth of Marxism with the concrete reality of China and the excellent traditional Chinese culture.

The Resolution of the Central Committee of the Communist Party of China on the Great Achievements and Historical Experience of the Party's Hundred Years' Struggle adopted by the Sixth Plenary Session of the 19th Central Committee of the Communist Party of China (CPC) pointed out: "In 2020, in the face of the sudden COVID-19 epidemic, the CPC Central Committee made decisive decisions and calmly responded, adhered to the people first and life first, and put forward the general requirements of firm confidence, helping each other in the same boat, scientific prevention and control, and precise policy ... The anti-epidemic struggle achieved great strategic results and created a great anti-epidemic spirit." [4]

Man is the sum of all social relations, and the essential attribute of man is sociality. The relationship between

individual and society is a question that every contemporary college student must answer and think about. The most fundamental relationship between individual and society is to answer the relationship between individual interests and social interests. The socialist system puts the overall interests first in society, and collectivism is the basic requirement of socialist morality, which avoids the separation of social interests caused by the supremacy of individual interests, making the individual interests and social interests of the whole society not simply superimposed but organically unified. Therefore, the socialist moral principle effectively prevents social conflicts and the tearing of social values derived from personal interests and social interests, personal ideals and social ideals. Strive to guide students to "combine personal ideals with the needs of the motherland, turn patriotism into practical actions, and fight bravely on the new long March to realize the Chinese nation's great rejuvenation of the Chinese dream." [5] In the process of epidemic prevention and control, this institutional advantage clarifies the basic principles for correctly handling the interests of the whole society, groups and individuals, and at the same time strengthens the collectivism consciousness and feelings of home and country of social members.

Contemporary college students live in developed online media and have diverse values, and individualism is particularly prominent among contemporary college students. Some college students even went to extreme individualism and became exquisite egoists cultivated in ivory towers. In today's era of materialism, consumerism and complicated information, ideological and political theory courses in colleges and universities gradually make students understand that anti-epidemic spirit is the contemporary embodiment of China people's national spirit and the spirit of the times, so that students can understand the importance of anti-epidemic spirit and understand the importance of collectivism principle more deeply. [6]

3. Anti-epidemic Spirit is the Spiritual Wealth Created by China People

The course "Basic Principles of Marxism" is a truth-based understanding of nature and the laws of human society. The materialist dialectics contained in it is the scientific world outlook and methodology for us to know and transform the world, while the historical materialism expounds the general laws of the development of human society. The basic principle of Marxism is a scientific world outlook and methodology, which provides us with methods instead of unchangeable dogmas. During the epidemic period, the people of China always adhered to the concrete analysis of specific problems, grasped the main contradictions, strictly adhered to the bottom line and solved the problems. This is a vivid embodiment of Marxist philosophy in the process of fighting the epidemic.

Historical materialism holds that the people are the creators of history-the people are not only the creators of material wealth and spiritual wealth, but also the decisive force of social change. To respect the working people's initiative, we must realize that the great achievements made by China in three years of fighting against epidemic diseases belong to the category of people making history, which is exactly the great achievements made by the whole country. The success of fighting the epidemic is the result of the joint efforts of countless people who pursue their own goals. During the anti-

epidemic period, many people in China integrated the peace of their small families into the overall situation of national epidemic prevention, and finally the anti-epidemic spirit enriched the spiritual pedigree of the Chinese nation.

People's nature is the essential attribute of Marxism. As contemporaries of contemporary college students, choosing examples of contemporary young people can stimulate their youthful passion. For example, nearly 700,000 returning college students have become young volunteers in local communities or villages and devoted themselves to the fight against the epidemic. [7] It is precisely because of the silent dedication and hard work of hundreds of millions of ordinary people that we can gather the majestic trend with a trickle, and we can protect the mountains and rivers and the peace of our country when the virus is raging.

The principle of material unity of the world is the cornerstone of Marxist philosophy. Marxist world outlook holds that matter determines consciousness, and consciousness has a dynamic reaction to matter. Insisting on seeking truth from facts is the core of the Communist Party of China (CPC)'s long-standing ideological line. Anti-epidemic is related to the overall situation of the country as well as the development of the whole human society. In the process of anti-epidemic, the Party and the country always insist on seeking truth from facts and proceed from the specific reality of China to scientifically and reasonably prevent epidemic. The development of human society is a continuous leap from the realm of necessity to the realm of freedom. Although the epidemic situation is fierce, only when we carefully understand and grasp the epidemic law with a scientific attitude, scientifically prevent epidemic and adjust measures to local conditions, the final victory will definitely belong to the whole of mankind.

The basic principle of scientific socialism is to emphasize the dominant position of public ownership. As a socialist country, China's public ownership economy has played a pivotal role in the current epidemic situation in China. During the epidemic period, China's state-owned enterprises focused on epidemic prevention and control, but also devoted themselves to protecting people's livelihood and promoting development. Without the dominant position of public ownership economy and state-owned enterprises, there would be no emboldened and material basis for fighting the epidemic. In the process of fighting the epidemic, it is more prominent and important to unswervingly maintain the dominant position of the public sector of the economy.

In the fight against the epidemic, why prove once again, why the Communist Party of China (CPC) can, why socialism is good, in the final analysis, it is a Marxist line, a Marxist line with China times!

4. The Anti-epidemic Spirit Once Again Shows the Correctness of the "Four Choices" of the People of China

The main line of the course "Outline of Modern History of China" is that telling the modern history of China is a historical process of constantly pursuing social development and progress and promoting the great rejuvenation of the Chinese nation with Chinese modernization. The logic of its curriculum is: the Chinese nation has suffered a lot in modern times, and finally the people of China gave full play to the selectivity of the historical subject and chose Marxism, the

Communist Party of China (CPC), socialism and reform and opening up.

After modern times, China gradually became a semi-colonial and semi-feudal society. Countless people with lofty ideals, in order to explore the road to national salvation and survival, made unremitting efforts to advance wave after wave, and finally established a new China under the leadership of the Communist Party of China. Adhering to and developing Socialism with Chinese characteristics is the correct way to realize the great rejuvenation of the Chinese nation under the leadership of the Communist Party of China. Over the past hundred years, the Communist Party of China (CPC) has gone through hardships, not afraid of difficulties, dared to sacrifice and be brave in dedication, and formed a spiritual pedigree of the Communist Party of China (CPC) people with the great spirit of party building as its source, which has enabled the Chinese national spirit to be continuously sublimated and reached a new height, and the great spirit of fighting epidemic is an important manifestation of this spiritual pedigree in the contemporary era.

Anti-epidemic is an example that the national system shows the superiority of socialism. In 2020, the epidemic situation in COVID-19 came to a head. As General Secretary Xi said, "COVID-19 epidemic is a major public health emergency with the fastest spread, the widest infection range and the most difficult prevention and control in China since the founding of New China in 1949." After the outbreak of the epidemic in COVID-19, with the help of the people all over the country, they once again defended the city's glory with their own actions, resolutely laid a good sniper battle against the epidemic, did not let the epidemic spread, and won valuable time for the whole anti-epidemic situation.

The socialist system makes the people become the masters of the country and society, and at the same time they gain political rights, they also play the role of social subject. In the process of epidemic prevention and control, the advantages of this system are embodied in that the state and society adhere to the principle of "people first", and at the same time rely on the people as the main force to prevent and control and defeat the epidemic. In the process of epidemic prevention and control, the party and the state insist on putting people's life, health and safety in the first place, safeguarding people's life and health at all costs, not leaving out an infected person and not giving up every patient. This is a direct manifestation of the socialist system's adherence to the people's dominant position and respect for people's rights to life, survival and personal dignity.

We should be soberly aware that the anti-epidemic process is a "national chess game", and the East, West, North and South have achieved coordinated anti-epidemic. Xi Jinping said many times: "Our greatest advantage is that China's socialist system can concentrate on doing great things." "When one party is in trouble, all parties support it", which has become an effective experience of China in fighting the epidemic. Therefore, three years of epidemic prevention and control is enough to show the superiority of the socialist system and the correctness of China people's "four choices".

5. Anti-epidemic Spirit is the Latest Theoretical Accumulation of the Modernization of Marxism in China

The main purpose of Introduction to Mao Zedong Thought and Socialism with Chinese characteristics's Theoretical

System is to tell the historical process of the modernization of Marxism in China and establish the fundamental guiding ideology for the great historical cause of the great rejuvenation of the Chinese nation. This course is the development of Marxism and a scientific summary of the history of the Communist Party of China (CPC)'s struggle for a hundred years. Some surveys show that "the integration of the great anti-epidemic spirit into the ideological and political course teaching in colleges and universities is still insufficient;" The integration level of some teachers needs to be improved urgently; Problems such as insufficient mobilization of the dual-subject role of teachers and students. " [8] More than 90% of the respondents said that they had received anti-epidemic education on the Internet and TV. It can be seen that the Internet and TV are the main positions for college students to receive anti-epidemic education, and the mixed information on the Internet and the lack of correct guidance on TV information may cause college students to misunderstand and lead to incorrect interpretation. [9] Therefore, the course of "Introduction" should summarize, concise, sublimate and preach the spirit of fighting epidemic in time.

Faced with such a complicated world situation and epidemic, the Communist Party of China (CPC), as the ruling party, has always held high the ideological banner of Mao Zedong Thought, Deng Xiaoping Theory, Theory of Three Represents and Scientific Outlook on Development, and faced the COVID-19 epidemic with the extraordinary courage of communist party people. It is under the guidance of the banner of Marxism that the anti-epidemic spirit is gradually formed under the leadership of the Communist Party of China (CPC), and it is also one of the theoretical achievements in the process of the modernization of Marxism in China. China's anti-epidemic practice and great anti-epidemic spirit have eloquently proved the remarkable advantages and distinctive characteristics of Marxist political parties. [10]

From the beginning of the epidemic, General Secretary Xi personally directed and deployed the epidemic prevention and control work, and put forward the general requirements of "strengthening confidence, helping each other in the same boat, scientific prevention and control, and precise policy", which provided strategic guidance for winning the war. Report to the 20th CPC National Congress of the Party pointed out: "People's life safety and health have been protected to the maximum extent, and major positive results have been achieved in coordinating epidemic prevention and control and economic and social development." In the end, the success of the anti-epidemic work is due to the fact that the people of China always adhere to the guidance of Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era, actively fight against the epidemic, and sacrifice the family to take care of the overall situation. For example, when explaining the knowledge point "Scientific Outlook on Development", teachers should make it clear that they should stick to science first, put people first, and provide help to other countries in the world, all of which reflect the responsibility and responsibility of big countries, so as to increase the self-confidence and pride of young college students. [11]

As a part of communist party people's spiritual pedigree, the anti-epidemic spirit is integrated into the "Introduction" course, "which is helpful to inherit and carry forward China's revolutionary culture, enhance the pertinence and effectiveness of ideological and political courses in colleges

and universities, and is very necessary to implement Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era and promote the innovation of ideological and political courses in colleges and universities in the new era." [12] Therefore, it is necessary to make college students realize the importance of modernizing Marxism in China and the importance of anti-epidemic spirit as the latest theoretical accumulation of modernizing Marxism in China.

5.1. The Anti-epidemic Spirit Highlights the Institutional Advantages of Socialism with Chinese Characteristics.

"Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era" course Contemporary college students "should comprehensively study and understand Socialism with Chinese characteristics Thought in the new era, comprehensively and systematically grasp the basic viewpoints and scientific system of this thought, grasp the world outlook and methodology of this thought, adhere to and make good use of the standpoints and methods that run through it, constantly enhance their political identity, ideological identity, theoretical identity and emotional identity with the Party's innovation theory, truly master the Marxist housekeeping skills, and consciously use Socialism with Chinese characteristics Thought in the new era to guide all work."

The formation of the great spirit of protest is the spirit of the times condensed and formed under the leadership of the CPC Central Committee with Xi Jinping at the core. The formation of the great anti-epidemic spirit shows the decisive significance of adhering to the "Two Establishments", and shows that adhering to the Communist Party of China (CPC)'s leadership is the fundamental guarantee for the Chinese nation to move from victory to victory. Adhering to the party's centralized and unified leadership is the fundamental guarantee for national political stability and social harmony. In the process of epidemic prevention and control, with the centralized and unified leadership of the Party, China society will have a strong determination, and we can unite as one and build a safety barrier to protect people's lives and health.

The Communist Party of China (CPC) is the leading core of the country and society, and it is the party that is in power for the people. In the face of any difficulties and challenges, the party must be responsible to the people, to history and to live up to the people's trust. The Communist Party of China (CPC) people's initial intention and mission is to seek national rejuvenation and happiness for the people. The Communist Party of China (CPC), as a proletarian Marxist party, has no special interests of its own, so people's nature is the essential attribute of the Communist Party of China (CPC) as a Marxist party.

The victory in the fight against the epidemic has once again proved that upholding the overall leadership of the Party is the only way to uphold and develop Socialism with Chinese characteristics. Socialism with Chinese characteristics is the only way to realize the great rejuvenation of the Chinese nation; Unity and struggle is the only way for China people to create great historical achievements; Carrying out the new development concept is the only way for China to develop and grow in the new era; Strictly administering the party in an all-round way is the only way for the party to maintain its vitality and take a good new road to catch the exam. Socialism with Chinese characteristics has entered a new era and completed the historical task of the first century-building a well-off

society in an all-round way, which is just in the midst of an epidemic. After eight years of hard work, all these poor people have been lifted out of poverty, achieving the poverty reduction goal of the United Nations 2030 Agenda for Sustainable Development 10 years ahead of schedule. We should also remember that more than 1,800 party member, a member of the Communist Party of China, gave their lives in the post of helping the poor.

The crucial work of building a well-off society in an all-round way is at a time when the epidemic is raging. It is the unity of the whole country around the CPC Central Committee with Comrade Xi Jinping at its core that has made so many achievements, which makes the great historical cause of the great rejuvenation of the Chinese nation not delayed and blocked by the epidemic. The process of fighting the epidemic has once again proved the decisive significance of "Two Establishments" for the development of Socialism with Chinese characteristics.

5.2. The Anti-epidemic Spirit Embodies China's Responsibility and Responsibility as a Big Country.

Situation and Policy is a compulsory course for undergraduate students stipulated by the Ministry of Education. It is the main channel to educate students on Marxist situation view and policy view, and it is an important part of the ideological and political theory education curriculum system in colleges and universities. The course integrates the timeliness of theoretical arms, the pertinence of solving doubts and doubts, and the comprehensiveness of education and guidance. It is an important course to help college students correctly understand the situation at home and abroad in the new era and profoundly understand the historical achievements and changes that have taken place in the cause of the party and the country. "As an important resource of ideological and political work in colleges and universities, the great anti-epidemic spirit will undoubtedly play a very important leading and guiding role in the growth of college students in the new era."

At present, the changes of history and times in a historical period are unfolding in an unprecedented way. The theme of the whole world is still peace and development, but the whole world is not peaceful. The world peace deficit and development deficit have increased sharply, and the world is at another crossroads. Just as General Secretary Xi Jinping's judgment on the world situation, the contemporary world is in a great change that has never happened in a century.

In the face of the epidemic, we adhere to the concept of "one country under the sun" and do our duty to the global public health cause as a responsible big country. China took the lead in practicing an effective way of epidemic prevention and control, and took the lead in resuming work and production under the situation of global epidemic, and continuously provided all kinds of epidemic prevention materials to all countries in the world, especially the "southern countries", and shared the experience of prevention, control and treatment with all parties in the world and international organizations without reservation. The government of China has clearly announced that after the vaccine is developed and put into use, it will be regarded as a global public product, which has played an active role as a global public health guardian and guardian for the popularization of vaccines in developing countries. The government and people of China have saved the lives of

thousands of people around the world with practical actions, and demonstrated their sincere desire to promote the building of a community of human destiny. Together with the people of other countries, they have broken all kinds of rumors and unreasonable attacks made by western countries. By expanding their "circle of friends" and jointly fighting against Covid-19, the concept of a community of human destiny has resounded around the world, further demonstrating the bright future of human development to people all over the world.

Facing the common enemy, countries all over the world are more and more aware that human beings are a community of shared destiny. Only by watching each other, helping each other in the same boat, racing against time and fighting against diseases can we win the fight against major infectious diseases. If the "Belt and Road Initiative" makes people of all countries feel that they are closely connected with each other in promoting the development on the material level, China's proposal of international cooperation to jointly fight the COVID-19 epidemic will make people of all countries realize on the spiritual level that promoting the construction of a community of human destiny is based on the historical process that human beings as a whole share weal and woe in the process of moving towards the future, and constantly promote the gradual improvement of the spiritual world while pursuing material wealth, which is a historical process in which human thoughts are constantly improved and the realm is constantly sublimated.

6. Conclusion

The general secretary stressed: "The reason why a nation is great is that it never gives up, does not back down, does not stop in the face of any difficulties and risks, and strives for its own future and destiny with perseverance." The great changes that have never happened in the world in the past century have accelerated their evolution, and the tasks of domestic reform, development and stability are arduous and arduous. With the remarkable advantages of the Socialism with Chinese characteristics system and the United struggle of the whole Party, the whole army and the people of all ethnic groups, we will certainly be able to overcome all risks and challenges and win new victories in the great struggle under the new historical conditions. In 2023, the epidemic situation in COVID-19 was listed as "Class B Management", which marked the end of the epidemic era, but the three-year epidemic period had a great impact on society, country and human beings. The ideological and political theory course in colleges and universities must sum up experiences and lessons, carry forward the spirit of fighting epidemic, serve the overall situation of social development, explain the process of fighting epidemic clearly to college students, and let them realize the spiritual strength of China family and people in the process of fighting epidemic. Make the spirit of anti-epidemic constantly sharpen the ideological character and values of college students, and guide college students to contribute their youthful strength in the process of realizing the great rejuvenation of the Chinese nation with Chinese

modernization.

Acknowledgments

Project Fund: This paper belongs to the report of the young teachers' scientific research fund project "Research on the effective integration of anti-epidemic spirit into ideological and political courses in colleges and universities" of Sichuan University Jinjiang College, and the project number is QNJQ-2021-B05.

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